

Outreach Volunteer Opportunities at St. Catherine's Episcopal Church

The Outreach Ministry Team has identified a number of local opportunities for volunteers. The team wants to keep this listing alive and useful, so your feedback is needed and valued. If you have or become aware of other volunteer opportunities, please mention them to an Outreach member for possible inclusion on this web site.

Outreach Convener: Hale Sanders; 678-472-1839; halesanders "at" att.net

Outreach Team Members: Connie Bergeron, Al Jones, Harriett Pyburn, Carol Eskew, Carol Fey, Don Clark, Tom Blackstock, Deborah Guy, Joan Nixon, Fred Massey, Marcia Markette, Tom Snead, Nancy Denton, and Ron Cook.

Outreach Opportunity:	Description:	Location:	Frequency / Time and Requirements:	Volunteer Ages:	Contact:	Web Site for More Information:
Atlanta Community Food Bank (See also "Hunger Walk Run")	The ACFB serves over 600 nonprofit partner agencies in 29 metro Atlanta and north Georgia counties PLEASE DESCRIBE ACTIVITIES (I.E. FOOD PANTRY, VEGETABLE GARDEN, PRODUCT RESOURCE CTR, ETC)	732 Joseph E. Lowery Blvd., NW, Atlanta, GA 30318	Varies by opportunity, and both individuals and groups may volunteer	Volunteers must be at least 8 years old to work in the Product Rescue Center and Community Gardens projects, at least 16 years old to work in the Kids in Need project, and at least 18 to work in any of ACFB's other volunteer opportunities.	volunteers@acfb.org	http://www.acfb.org/volunteer
Blood Drives	In our desire to serve the greater community of Atlanta, St. Catherine's hosts Red Cross blood drives each year in the spring and the fall. Besides needing blood donors, we also need greeters and registrars as well as volunteers to assist with sign-up, publicity, set-up, and clean-up on the day of the Drive.	St. Catherine's Episcopal Church and additional locations in Marietta, GA	Every 2 months (every 56 days) Donation takes approx. 45 minutes to 2 hours Requirements: Be healthy, Be at least 17 years old in most states , or 16 years old with parental consent if allowed by state law – see more information for 16-year old donors » Weigh at least 110 lbs. Additional weight requirements apply for donors 18 years old and younger and all high school donors. See web site for additional eligibility requirements.	17years or older, or 16 with signed parent's donation consent form	Jennifer Massey 404-365-8327	www.redcrossblood.org

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Bread Ministry	The purpose of the Bread Ministry is to collect outdated bakery items from local grocery stores and deliver them to Cobb Family Resources or M.U.S.T., who in turn distribute or use in their ministries, as needed. Adults who drive are scheduled on a rotating basis to make these calls and deliveries one to three times each month. There are currently several openings for drivers/deliverers.	Location of routes varies generally within Cobb County	Six to twelve hours per month Volunteers need a valid drivers license and vehicle to pick up bread items from grocery stores and deliver to organizations for distribution to those in need	Adults	Ron Cook 770-971-3752	
Communities in Schools	Communities In Schools of Marietta/Cobb (CISMC) champions the connection of needed community resources with schools to help young people successfully learn, stay in school, and prepare for life. St. Catherine's is involved in CISMC's tutoring students at Brumby Elementary School, mentoring high school students at the Marietta PLC at Lemon Street, and participating as financial "experts" in Reality U events at various schools.	Literacy Tutoring at Brumby Elementary School, 1306 Powers Ferry Rd SE, Marietta, GA 30067 Marietta PLC at Lemon Street location in Marietta Reality U events at various middle schools in Cobb	4 to 8 hours once a month plus training to be a mentor Volunteer Opportunities * Tutoring * Mentoring * Reality U (financial literacy) * Event Planning * Social Media/Marketing * Office Assistance	Adults needed for mentoring All ages may participate in book drives, school supplies donations and other in kind support for CIS	Carol Fey (Executive Director), 678-503-0901 Volunteer Coordinator: mwilson@cismcc.org Reality U events: Joan Nixon, 770-977-2525	www.marietta.communitiesinschools.org
Day of Service	Twice a year, St. Catherine's will have a Day of Service when parishioners can work together to help the community and the church.	St. Catherine's Church on Holt Road MUST Ministries warehouse on Highway 41 across from the MUST night shelter.	<u>September 21:</u> Will be doing a service activity in the community, but not yet decided. <u>September 22 at 3 - 6pm:</u> Emmaus House "Walk the Road" which is a	Cleanup at St. Catherine's: all ages MUST warehouse: 10 yrs and up United Way shoebox project: 8 yrs and up	Harriett Pyburn Harriettpyburn "at" bellsouth.net	

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		Other locations as specified in announcements.	walk-around the Peoplestown community. This is an educational and service activity for that community.			
<p>Emmaus House (See also "Giving Tree")</p>	<p>Emmaus House is an Episcopal Community Center which predominantly serves the residents of Peoplestown & Summerhill neighborhoods in Atlanta. At Emmaus House, people from all walks of life work together joyfully to diminish poverty and its consequences. By striving for economic security, social justice, dignity and peace, individuals are empowered, and hearts, minds, and wills are transformed. In addition to housing a Poverty Rights Office, Emmaus House offers a variety of programs and activities serving groups of all ages, and opportunities to participate as a volunteer in the activities and programs.</p>	<p>1017 Hank Aaron Dr SE, Atlanta, GA 30315</p>	<p>Individual Volunteer Opportunities:</p> <ul style="list-style-type: none"> ⤴ See 9/22 activity directly above. ⤴ Doing art activities such as wood turning, pottery, jewelry-making, painting on Saturday mornings ⤴ Serving & cleaning up for a community supper the fourth Thursday of every month 5:30 – 7:30 pm. ⤴ Answering phones & greeting visitors Mon., Wed., Thurs. 9 am – 2 pm. ⤴ Planting, weeding, and mowing lawn and gardens. <p>Group Volunteer Opportunities:</p> <p><u>Organize a Drive</u></p> <p>Food Drive: Emmaus House distributes groceries to households weekly.</p> <p>School and Household Supplies Drive: Need school supplies and household items such as</p>	<p>All ages</p>	<p>Elizabeth Roles, Associate Director of Programs at 404/525-5948, ext. 27.</p> <p>Christmas Eve event: Gina Baumann 770-841-1356 (prefer calls after 4 pm)</p> <p>tabby257 "at" aol.com</p> <p>Food & Clothing Collections: Harriett Pyburn (see Food, Clothing, & Other Collections elsewhere in this matrix)</p>	<p>http://emmaushouse.org/</p>

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			<p>pencils, notebooks, toilet paper and detergent to distribute to families all year.</p> <p>Christmas Toys Drive: Each Christmas Eve, Emmaus House hosts a holiday festival. With the generous support of volunteers and donors, wrapped gifts are distributed to over 800 children.</p> <p><u>Make Sandwiches for the Walk-In Help Center</u></p> <p>Each day, Emmaus House distributes sandwiches to guests of the Lokey Center. Sandwich making is a great and easy outreach project for any age group.</p> <p><u>Host a Holiday Party for Children and Seniors</u></p> <p>Researchers suggest that one of the most significant indicators of the health of senior citizens is the number of times a year they get out of the house and attend a celebration. Groups of all ages can raise funds and throw a party for the Senior adults or for the many children's programs. Choose any holiday of the year to do this.</p>			
Environmental Adopt-A-Stream (Watershed	This Cobb County program provides participants the	Cobb County	Educational programs and volunteer opportunities	All ages	770-528-1482	www.cobbcountyga.gov

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Stewardship Program)	opportunity to learn about the watershed they live in with a variety of free programs designed to help people learn how to improve local water quality through hands-on activities for all ages.					
The Extension	The Extension is a non-profit, community-supported organization serving Cobb County and the entire metropolitan Atlanta area. The Extension has both a men's facility and a women's facility in Marietta. Both provide addiction recovery services through a comprehensive Residential Recovery Program, outpatient counseling and various out- reach initiatives.	Marietta, GA	<p>Volunteers can serve daily at the two campuses, providing meals, helping with special projects and connecting with residents in ways that words can never describe. Others donate money or much needed supplies or other goods.</p> <p>St. Catherine's currently provides and serves dinner for 25 people the third Sunday monthly.</p>	<p>All ages can be involved with The Extension, supplying and serving dinners and organizing drives for supplies. A list of items needed may be found at the following link: http://www.theextension.org/goods.html</p>	<p>Tyler M. Driver Executive Director 770-590-9075 x301</p> <p>To volunteer to support St. Catherine's dinner contact Connie Bergeron at 770-951-1411</p>	<p>http://www.theextension.org/volunteer.html</p>
Family Promise Program	Participating congregations provide shelter to homeless families through the Family Promise Program. St. Catherine's is one of several congregations committed to participating in a network to provide shelter to homeless families for one week each quarter (four weeks per year). We expect to open our doors in September 2013.	St. Catherine's Episcopal Church	<p>Volunteers will be needed to spend the night with the families, to sit and interact with them in the evenings, and to provide suppers for them.</p> <p>Frequency will be daily for one week per quarter, with meals for a maximum of 14 guests plus St. Catherine's volunteers who may be dining with the guests.</p> <p>11/8-10 – Special “See Box City” event which asks families from the churches to spend the night either in boxes or</p>	All ages	<p>Hale Sanders 678-472-1839</p> <p>Halesanders “at” att.net</p>	<p>www.familypromisecobbcounty.org</p>

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			cars to dramatize the needs of the homeless.			
Food, Clothing, and Other Collections	We collect food and professional clothing year-round for MUST Ministries at the barrels / baskets across from the Parlor to the left of the Sanctuary entrance. We also do seasonal collections such as camp supplies for Emmaus House, school supplies for Communities in Schools, and coats for Coats for Cobb. If anyone has questions or suggestions about seasonal donations, they can contact Harriett.	St. Catherine's barrels in the Atrium to the left of the Narthex	Throughout the year.	All ages	Harriett Pyburn 770-509-3552 Harriettpyburn "at" bellsouth.net	
Giving Tree (See also "Emmaus House")	Each Advent, a "Giving Tree" is displayed in the church lobby to support underprivileged families at Christmas time. Names on the tree include the children of Peoplestown in Atlanta (Emmaus House Ministry) and other names given to us by local charities or parishioners.	St. Catherine's Episcopal Church and delivery of gifts to Emmaus House	Volunteers are needed to help set up the Giving Tree (the Saturday after Thanksgiving), make gift tag/ornaments, and collect, sort, and deliver gifts. Delivery takes place the week before Christmas and/or coincides with the Emmaus House Christmas parties.	All ages	Nancy Denton 770-428-6058	
Gobble Jog	The Gobble Jog is a community Thanksgiving Day event in Marietta	Designated race location in Cobb County	Race held on Thanksgiving Day	All ages	Carol Eskew 404-293-5225	www.gobblejog.org

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	featuring a 1K, 5K, a 10K run/walk and the Tot Trot (for kids 5 and under). Proceeds benefit MUST Ministries. If you would like to support the cause but have to stay home and cook the turkey, you may sign up as a "gobbler" and you will receive a well-deserved race shirt!		Race registrations and donations should be via the event's web site			
Habitat for Humanity	In 2013 St. Catherine's is participating in its 19th home build through involvement with the Cobb Interfaith Habitat Coalition. The NW Metro Atlanta Habitat Affiliate is committed to building simple, decent, affordable housing by working in partnership with God's people in need. Using volunteer labor and donated funds and materials, NW Metro Atlanta Habitat builds or rehabilitates houses and sells them to responsible families in need at no profit using an interest-free loan.	Location: Marietta	St Catherine's days to provide volunteer builders are: 8/24, 9/14, and 9/21. However, all available slots have been taken. Sat., Sept. 14 - St. Catherine's will provide light breakfast and lunch for 35-40 people Tentative day for Habitat House Dedication: Sun., Oct. 20 at 2:00 pm	Age 16 and older	To sign up to help with construction, contact Al Jones at 404-457-3658 To help with meals for the volunteers, contact Connie Bergeron at 770-951-1411	http://www.nwmetroatlantahabitat.org/T89-home
Hands On Atlanta	Non-profit organization that helps individuals, families and corporate and community groups find flexible volunteer opportunities at more than 400 service organizations and schools. Hands On Atlanta volunteers work every day of the year tutoring and mentoring	Locations: Metro Atlanta	Calendar of all volunteer opportunities by date: http://www.handsonatlanta.org/HOC__Volunteer_Opportunity_Calendar_Page Volunteer opportunities range from one-time projects to those requiring a more significant time	All ages To sign up to volunteer through Hands On Atlanta, complete the volunteer form at the link below: http://www.handsonatlanta.org/HOC__Volunteer_Registration_Page	Hands On Atlanta 404.979.2800 Connie Bergeron 770-951-1411	www.handsonatlanta.org

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	children, helping individuals and families make pathways out of poverty, improving Atlanta's environment, and more. Hands On Atlanta is an affiliate of the Hands On Network, an association of 250 volunteer service organizations across 16 countries.		commitment. HOA's goal is to make volunteering accessible to everyone, regardless of how busy you are. Also see: http://www.handsonatlanta.org/ways_to_volunteer			
Hunger Walk/Run	St. Catherine's supports this annual event by recruiting walkers, runners and donors. In 2013, more than <u>15,000</u> people came out to run and walk in a breathtaking display of community togetherness, with approximately 30 walkers and runners from St. Catherine's.	Walk and Run begin at Turner Field in downtown Atlanta	Annual event in March Walk site opens at 12:00 noon; Walk and Run step off at 2:00 pm	All ages	Connie Bergeron 770-951-1411	http://www.acfb.org/about/our-programs/hunger-walkrun
The Matthew Project	The Matthew Project (sponsored by the Episcopal Charities Foundation) will be undertaking a construction project starting in Spring 2014 to construct a building (Phase I) for the Good Samaritan Health and Wellness Center in Jasper Georgia. This will be accomplished in the style of a Habitat project.	Jasper, Georgia	Project will begin in Spring 2014	Youth and adults	Fred Massey 404-731-4466	www.themathewproject.episcopalatlanta.org/
MUST Ministries / St. Catherine's Collection	In addition to the volunteer opportunities	St. Catherine's Episcopal Church	In-gatherings of items needed by MUST and	All ages	Harriett Pyburn harriettpyburn "at"	www.mustministries.org

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Bins	listed below, St. Catherine's donates items on a regular basis to MUST Ministries (Ministries United for Service and Training) and its Elizabeth Inn homeless shelter on Cobb Parkway in Marietta.		Elizabeth Inn are publicized quarterly and may include food items, school supplies, Items are placed in the collection bins and barrels in the atrium next to the Narthex.		bellsouth.net	
MUST Elizabeth Inn Breakfasts	Breakfast at Elizabeth Inn each month on the fourth Wednesday. 1 or more volunteers join Father Jim, arriving at 5:30 am to cook, serve and leave by 7:00am. The food is provided, and volunteers prepare and serve breakfast for guests at Elizabeth Inn.	MUST Ministries' Elizabeth Inn 55 Elizabeth Church Road, Marietta, GA 30060	St. Catherine's provides breakfast each month on the fourth Wednesday. Volunteers arrive at 5:30 am to cook, serve and leave by 7:00am	Adults	Fr. Jim Nixon 770-971-2839	
MUST Elizabeth Inn Dinners	Dinner at Elizabeth Inn on the 28th of each month St. Catherine's provides a nutritious dinner for 55-65 guests	MUST Ministries' Elizabeth Inn 55 Elizabeth Church Road, Marietta, GA 30060	St. Catherine's provides dinner on the 28th of each month from 6 pm to 7:45 pm Volunteers are needed to provide and serve dinner for 55-65 guests Groups at St. Catherine's are encouraged to provide dinner. Current meal coverage groups include Altar & Flower Guilds; Daughters of the King; Youth; Parish Life & Fellowship and Invitational Ministries.	Children age 12 and older may volunteer if accompanied by an adult	Tracy Buckalew, 770-956-9609, Connie Bergeron 770-951-1411	http://www.mustministries.org/pages/4.-locations/elizabeth-inn-location#.UVwvqlfPLXh
MUST Elizabeth Inn Laundry Volunteers	Laundry at Elizabeth Inn — Helping to do the overnight men guests' laundry on the fourth Tuesday and fifth	MUST Ministries' Elizabeth Inn 55 Elizabeth Church Road, Marietta, GA 30060	St. Catherine's provides volunteer laundry coverage the fourth Tuesday and fifth Wednesday of each	Adults	Frederick Massey 404-731-4466	

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	Wednesday each month, beginning at 6:00 PM.		month, beginning at 6:00 PM.			
Operation Christmas Child	Operation Christmas Child brings joy and hope to children in desperate situations around the world. You are invited to fill a shoe box with gifts to delight a child and bring it to St. Catherine's on the Ingathering day in November. Volunteers deliver the shoe boxes to local collection points for sending around the globe. This program of Samaritan's Purse provides an opportunity for people of all ages to be involved in a hands-on mission project while focusing on the true meaning of Christmas. Look for details and the ingathering date in November.	St. Catherine's Episcopal Church	Seasonal: collection occurs in early November Families needed to fill shoe boxes with small items from a list of gifts and toiletries provided and collect boxes for delivery to local collection point	All ages may fill shoe boxes Volunteers also needed to sort donated boxes at Collection Center in Alpharetta; for this activity, must be 13 years or older	Molly Banko mdbanko "at" comcast.net	http://www.samaritan.org/operation-child/volunteer-with-occ/
Rice Bowls	Make a difference in the lives of kids worldwide made vulnerable by HIV/AIDS, poverty, and other circumstances. Help our Young Families Ministry support this program and pick up a plastic "rice" bowl in the foyer of the church or by the preschool office. Use it to collect your spare change throughout Lent. Filled bowls are due back to the church by Easter Day.	St. Catherine's Episcopal Church	Seasonal: Rice Bowls distributed at beginning of Lent; ingathering on Easter Sunday	All ages	Molly Banko, mdbanko "at" comcast.net, or Jennifer Sherwood, jtsherwood04 "at" yahoo.com.	
Stop Hunger Now	On Saturday, May 11, the	St. Catherine's	Saturday, May 11, 2013	All ages	Mike Peterson	www.stophungernow.com

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	<p>St. Catherine's Youth Program will be hosting a meal packaging event for the entire parish through an incredible organization called Stop Hunger Now. Stop Hunger Now will provide the supplies, training, and enthusiasm to package 10,000 meals in two hours to be sent to feed school children all over the world! In order to package as many meals as we can, the youth are collecting money in a large change jar in the Youth House to help pay for these meals. Each meal costs \$0.25 to package, so every quarter will provide a meal for a hungry child somewhere! Bring your change and dollars to the Youth House and drop them in the jar.</p>	Episcopal Church			770-971-2839	org
Summer Lunch Program	<p>School-aged children who receive school lunches during the school year through their schools, don't always have complete lunches in the summer when school is closed. Through coordination with MUST Ministries, the summer lunch program provides those lunches to Cobb County children. St. Catherine's prepared lunches for 1,000 children on two different summer days and will do the same in 2013. This is</p>	St. Catherine's Episcopal Church	<p>Two different week days in the Summer . Each event only takes 2 to 3 hours.</p> <p>Volunteers needed to donate lunch items and fill lunch bags. Also delivery of lunches to designated location(s) will be required.</p>	All ages	Jennifer Massey, 404-365-8327	http://www.mustministries.org/summer-lunch#.UVwm8VfPLXg

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	a popular event for parishioners who participate by stuffing the lunch bags with a complete lunch including a sandwich, drink, chips, and fruit.					
Volunteer Match	Searchable on line data base of volunteer opportunities. Can search by location ages for volunteering and type of ministry / activity	Local and National	Commitment varies by opportunity	All ages		www.volunteermatch.org
WellStar Kennestone Hospital Volunteers	Through a variety of job assignments, volunteers provide service to patients, their families and hospital staff. From patient care to fundraising, there are over 100 volunteer opportunities from which to choose. Discharging patients, delivering x-rays and lab results, providing emotional support to family members, greeting patients and visitors, providing customer service in gift shops and assisting nursing staff are some examples.	WellStar Kennestone Hospital 677 Church St. Marietta, GA 30060 and additional locations	Minimum time required: 4 hours per week (can be more) for 6 months	Adult including retirees	Yvonne Busch, Coordinator; Kim Alexander, Administrative Assistant 770-793-7120.	http://www.wellstar.org/about-us/volunteers/pages/wellstar-kennestone-hospital-volunteers.aspx
WellStar Kennestone Hospital VolunTeens	As a VolunTeen, a student will have the opportunity to become part of the <i>volunteer</i> staff by delivering flowers, giving directions to visitors and helping on the ...	WellStar Kennestone Hospital 677 Church St. Marietta, GA 30060 and additional locations		Teen-agers	Yvonne Busch, Coordinator; Kim Alexander, Administrative Assistant 770-793-7120.	