

# The Wheel

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*The people of St. Catherine's seek to share in the love that Jesus Christ has for us and the world by welcoming, accepting, nurturing, and serving all people through the power of the Holy Spirit.*

*We Welcome You!*

## Invitation to a Holy Lent



St. Catherine's has much to offer during this reflective season. As we prepare ourselves for the Passion of Holy Week we will offer the following programs to all:

- **Tuesday Morning Eucharist/Study, 7am**

We meet in the sanctuary at 7 am for Eucharist followed by a study based on Mitch Albom's "Have a Little Faith," in the conference room until 8:00am. Led by Rev. Jim Nixon.

- **Wednesday Morning Meditation and Labyrinth, 7:30 am**

You are invited to spend a quiet hour walking the labyrinth and meditating on a reflection for the day. The morning begins at 7:30am at the labyrinth in front of the church with a prayer, followed by quiet time to walk and meditate, and ends at 8:30 with a prayer. You are welcome to come and go at any time between 7:30 and 8:30 am. The labyrinth is always open for personal prayer and meditation. Led by Amelia Arthur.

- **Stations of the Cross, ongoing**

The Outdoor Stations of the Cross are self guided and begin directly to the right of the church doors (facing the church). The stations are set up around the church property and the guide, available at the first station, has the locations of all the stations. The Indoor Stations on the walls of the main sanctuary of the church and begin on the right hand rear of the nave.

- **"Fearless" Series, Sundays 10 am OR Wednesdays 6:30 pm**

"Fearless" is our study which focuses on Max Lucado's book by the same title. It is offered at your choice of two times: Sunday mornings at 10 am led by Rev. Susan Johnson OR Wednesday evenings at 6:30pm led by Rev. Jim Nixon. If you can't make either time, we invite you to do individual study, a syllabus is available on the Lenten Resource Table in the foyer. You may obtain this book from your own sources or order it from church at \$20 (scholarships available to cover a portion of the cost).

- **See more inside!** For information on programs please contact Rev. Jim Nixon at [fatherjim@bellsouth.net](mailto:fatherjim@bellsouth.net), Rev. Susan Johnson at [fathersue@bellsouth.net](mailto:fathersue@bellsouth.net), or Amelia Arthur at [amelia@stcatherines.org](mailto:amelia@stcatherines.org).

## "Caring for Aging Loved Ones"

**Next date: Saturday, Feb. 27  
8:30 - 11:30 AM in the Parish Hall**

We all face aging issues now or in the future that we can prepare for today. These workshops provide information valuable to everyone, whether or not you are currently caring for someone. Breakfast is provided. The series is free and open to the community.

- Saturday, February 27—*Caring for Physical Needs* with presenters: Tillie Carter, Dani Dickson, RN, Bill Ivey, Pat Pepper, Bruce Perry, MD, Natalie Whitlow.

- Saturday, March 20 —*Caring for Long Term Planning Needs: Legal, Financial and Insurance Matters* with presenters Eric Burkard, Diane O'Donnell.

- Saturday, April 17 —*Kennestone Advanced Directives and Critical Conditions* with presenter Joan Nixon, RN.



## Ministry Teams Quarterly Meeting



**Tuesday,  
March 2  
7:00 PM**

All ministry team members—committee and group chairs, conveners—and all those who are interested in ministry at St. Catherine's, please mark your calendar and plan to attend this important meeting. It will be a time to share team plans and needs for 2010.

## Walking with the Spirit

The summer between my junior and senior years in high school I traveled to the Black Hills of South Dakota and spent two weeks at Borderlands Ranch building a labyrinth. It was an incredible experience, and one that was much more spiritual than I had imagined beforehand. Two weeks of moving rocks, digging in the dirt with my hands, and watching the labyrinth take shape connected me to the land. I developed a routine of praying as I worked, and later, after the labyrinth was finished, continued that routine of prayer as I walked the labyrinth each morning until I left.

Like many people before me, I found that walking and praying at the same time con-

nected me to God in profound ways. Each morning as I walked the labyrinth and the wind came over the prairie around me it was as if the Spirit was there walking with me.

For centuries Christians have physically walked, on labyrinths, pilgrimage trails, and prayer paths, and prayed or meditated as they did so. The labyrinth at St. Catherine's provides us a physical place to take intentional time to pray and to be quiet. During this season of Lent I will be taking that time on Wednesday mornings (7:30-8:30 am), I hope you can join me, or take time on your own to walk the labyrinth.

Amelia Arthur

## Hunger Walk March 14



The 2010 Atlanta Hunger Walk will be on Sunday, March 14 beginning and ending at Turner Field in downtown Atlanta. We will have a team from St. Catherine's—stay tuned to the parish announcements for details on how to register! We will meet in the Parish Hall at 12:30 pm (following 11:15 worship) to make lunch and take the church van to Turner Field. The walk begins at 2 pm and we will return to St. Catherine's at approximately 5 pm.

We are also collecting all your spare change to go towards the walk. There are mason jars on the Parish Hall tables marked for the Hunger Walk. Please bring your spare change beginning this Sunday, February 21 until March 14. All money raised will benefit Episcopal Charities Foundation. For more information please contact Amelia Arthur at [amelia@stcatherines.org](mailto:amelia@stcatherines.org).

## Prayers of the People

### For the Sick

Sharon Parisi, Lillian Vu, Tom Carter, The Rev. Patty Roberts, Olivia Martin, Eddie Brewer, Michele Moody, Tommy Osborn, Kathleen Williams, Linda Smith, Lorraine Nichols, Bill Krupp, Jacob Moore, Betty Thomas, Simone Taylor, G.B. Baugh, Janet Wheeler, Emma, Gwen, Jim Dass, Jeryl Tuten, Luke Wynn & parents, Harry Smith, Cathy Lamb, Trip Campbell, Gloria Johnson, Michael Williams, James Williams, Betty Early, Richard Cromer, Wanetta Riegling, Liz Falcone, Kathy Holman, Mit FitzSimons, Ann Wells, Alice Riley, Kelley Kilgore, Risa Maier, Lavon Wiggins

### Deceased

Linda Gross, Mary Catherine Schmitt's aunt; Bob Buzzard, Joan Thurston's brother

### Parish Cycle of Prayer

**(2/21/10)** Ginney & Erika Linstrom; Harrison, Melanie, Oliver & Nathaniel Long; Fred, Elizabeth, Isabel & Olivia Lopez; Scott & Ginny Lummus; Charles, Tami, Noelle & Justice Mace  
**(2/28/10)** Todd Magill; Paul, Karen & Kevin Manno; Marilyn Marcus; Marcia & Emma Markette; Don, Ana, Oak & Ben Martin

### Birthdays

(2/22) Joyce Carter, Sarah Denton, Michael Baumann, Katie Barrington; (2/24) Natalie

Whitlow, Ian Phillipotts; (2/25)

Emily Dillson, Roy Johnson; (2/26) Nate Thompson; (2/27) Will Korwan; (2/28) Ben Shushan; (3/1) Bryce Edwards; (3/2) Charlie Zimmerman, Millie Fey, Martin Michael; (3/3) Gary Parker, Elizabeth Lopez; (3/4) Mit FitzSimons, Ethan Cook, Becky Riney, Stephen Lee; (3/6) Jim Hunkler

### Special Prayers

Please pray for Pat and Suzanne as they open themselves to find a child to adopt. David Hinshaw & Helena Johnson, out of job, looking for employment, friends of Bill Ivey. Jim Hunkler, looking for employment.

## Holy Baptism

**Next date:  
April 3 (Easter Vigil)**

Please check with the office for more information and to request the customary booklet about Holy Baptism.

## Parish Time & Talent Survey coming soon!

Watch for the survey of the time and talents you wish to offer our parish, coming early in March from our Stewardship Committee. We invite the entire congregation to partake in this survey which provides critical feedback to our all important ministry teams! This winter survey will focus on these teams: Invitation, Outreach, Parish Life and Fellowship & Parish Administration & Facilities. Thank you!

## Lent Reflections and resource table

The 2010 Lenten Reflections, "Blooming in God's Love," is compiled of reflections written by our own St. Catherine's parishioners and takes you through each day of Lent with thoughts for the day. Booklets are available on the Lenten Resource Table in the foyer to the right of the narthex doors—check here for more materials for children, youth, and adults.

Look for the 'Reflection of the Day' from our booklet, available on our website throughout the season at [www.stcatherines.org/reflections/lent.htm](http://www.stcatherines.org/reflections/lent.htm).

## Rice Bowls Outreach

**Fact:** 15,200,000 children around the world have been orphaned by AIDS/HIV.

**Fact:** How much did you spend on a meal today? 3 billion people (1/2 the world's population) lives on less than \$2.50 a day.

**Fact:** 25,000 children die each day due to poverty.

Use your spare change to make a difference in the lives of orphan children worldwide made vulnerable by disasters, HIV/AIDS, poverty, and other circumstances. Pick up a plastic "rice bowl" to collect your change, from the church foyer or by the preschool office. Orphanage locations supported by Ricebowls:

- *Haiti: After the earthquake their established orphanage had to relocate temporarily. They are currently looking for property to build a new orphanage.*
- *India: 35 million orphaned in India. 35 million = the population of California*
- *South Africa: 1 in 5 South African children / 3.1 million children orphaned.*

Filled bowls are due back to the church by **Palm Sunday, March 28.** Questions? Call Ash & Jenny Gale, 770.579.0657. (Facts were taken from [www.RiceBowls.org](http://www.RiceBowls.org) and [globalissues.org](http://globalissues.org).)

## Vestry update

The Vestry begins each year with a retreat to explore their goals for the coming year. Please see the special letter (pg. 9) in this *Wheel in which the Vestry asks for your assistance in discerning God's vision for our parish.* On the 2010 retreat, February 5-7, the following elections and appointments were made: **Bill Selby** appointed Senior Warden; **Susan Jablonski** elected Junior Warden; **Tom Blackstock** elected Treasurer; **Eric DeLaBarre** appointed Vestry Representative to the Preschool Board. In addition, **Harry Tear** (while not a current Vestry member) was appointed as a representative to the Great Oak Fund Board. We thank everyone for their service to St. Catherines!



## Conference coming to St. Catherine's

**"Discovering Sacred Space"**  
**Saturday, April 24, 9 am to 4 pm**

St. Catherine's is proud to announce that we will be host of a conference by The Institute for Ministry and Theological Education of the Diocese of Atlanta. The Key-note Speaker will be The Rev. John Ander Runkle, Cathedral Conservator of the Washington National Cathedral. Additional workshops will be led by speakers of national prominence. This is an opportunity for us to share our sacred space with a group of people looking more closely at what such space means and how we create it:

Cost will be just \$35/Adult and \$15/Teen and includes lunch. Get complete details including the speakers and topics, and register online or download a mail-in form at [imte.episcopalatlanta.org](http://imte.episcopalatlanta.org).

## Companion Parish trip this summer

**St. Elizabeth's, Whiterocks, Utah**  
**July 9-14**



By  
Ginny Lummus

We're putting a team together now for our trip to our companion parish, St. Elizabeth's on the Ute Indian reservation in Whiterocks, Utah this summer. We will enjoy fellowship and cross cultural activities as well as assist the leadership of their Vacation Bible School that week. This is an intergenerational trip, mature youth (rising 8th grade and older) and adults are encouraged to consider this wonderful opportunity. A fee will be involved. If you have interest in the trip, or would simply like to learn more about Native American Ministry, please check the Opportunities for Ministry in your bulletin or contact Ginny and Scott Lummus, [gslummus@gmail.com](mailto:gslummus@gmail.com) or 770-649-5391.

## Men's Bible Study

By Tom Snead

The next session of the men's weekly Bible study will start on March 18 and conclude May 27. Our last session covered the book of Mark. We will next cover the book of Matthew. We will meet Thursdays, 7 - 8:30 PM in the Conference Room. Tom Snead and Jim Mattox lead this group. We now have eight men meeting every Thursday and we share our learnings among each of us. We hope others will join us. The cost of the Student Guide is \$8.00— please sign up by February 28 on the Opportunities For Ministry form in your bulletin or contact Tom Snead, tom.snead@earthlink.net, so he can order the books.

### This week at St. Catherine's

Monday, 2/22  
Susan's Day Off  
7:00PM ESL  
7:30PM Catechists  
7:30PM B.S. Troop 713

Tuesday, 2/23  
7:00AM Eucharist & Study  
10:00AM Morning Prayer  
10:30AM Staff Meeting  
12:00PM Clericus  
3:00PM Blood Drive  
4:00PM Catechesis  
6:00PM Elizabeth Inn Laundry  
6:30PM Jubilate

Wednesday, 2/24  
5:30AM MUST Breakfast  
7:30AM Labyrinth walk  
9:30AM Bible Study  
5:00PM WNL Program  
5:45PM WNL Dinner  
6:15PM Youth Choir  
6:30PM WNL Program  
6:30PM Invitation Ministry  
7:30PM Adult Choir

Thursday, 2/25  
25th-27th CGS Level 3 Training,  
5:30PM Catechumenate  
6:30PM EFM  
7:00PM Men's Bible Study  
7:00PM Weddington HOA

Friday, 2/26  
Jim's Day Off  
26th-28th Happening @  
Camp Mikell  
10:00AM Women's Bible Study  
8:00PM A.A.

Saturday, 2/27  
8:30AM Caring for Aging Loved  
Ones  
2:00PM Buckalew Shower

Sunday, 2/28  
7:30AM Holy Eucharist  
8:00AM Breakfast  
8:45AM Family Holy Eucharist  
10:00AM Church School  
11:15AM Choral Holy Eucharist  
12:30PM CGS Level 3  
2:00PM Solemn Communion  
3:30PM Financial Peace  
6:00PM Elizabeth Inn

## Bread Ministry Volunteers Needed



By Ron Cook

Every Thursday & Sunday morning, volunteers from St. Catherine's pick up the expired baked goods from local Publix supermarkets and deliver it to food banks at the Center for Family Resources or MUST Ministries. Retail value of these goods is about \$35,000 per year so this is a valuable ministry to needy people in our community. Volunteer Dick Karaken has decided to "retire" from this ministry after many years of loyal service. We have a need for other volunteers.

Please contact check the Opportunities For Ministry form in your bulletin or Ron Cook, rfabcook@comcast.net or 770-428-4286.

## 2011 Pilgrimage



We are planning our 2011 Pilgrimage to Turkey. The most likely dates will be mid to late March, 2011. We invite you to consider this trip to this ancient and modern country to follow in the footsteps of Paul as the early church was planted, nurtured, and guided by this apostle. The trip is in the earliest planning stage as to exact dates, cost or itinerary but are in the process of finalizing all three. We wanted you to know that it is on the schedule so watch for announcements coming up. If you have any questions feel free to speak with Fr. Jim.

## Spring Women's Retreat

Would you like to meet other ladies at St. Catherine's or strengthen current friendships? Would you like to take some time to relax and renew your spirit? Join us **April 23-25** at Montara Farm, a private retreat facility in the foothills of the north Georgia mountains. In addition to great food, facilities and program, you may go horseback riding or have a private massage for an additional charge. Only 40 slots are available, a \$100 deposit reserves your spot. Final cost is expected to be \$250-\$275. Reserve now on the Opportunities for Ministry in your bulletin or call the office.

## Marriage Encounter Weekend

**April 24-25**

"Let the Games Begin!"—that might be a good slogan for the Olympics, but not for a marriage! An Episcopal Marriage Encounter Weekend shows couples how to be straightforward and honest in their communication, thus building a foundation for the kind of trust and love every marriage deserves. It's not a retreat, nor a marriage clinic, nor group sensitivity. It's a unique approach aimed at revitalizing Christian Marriage.



The next weekend will be April 23-25 at Hyatt Place Galleria hotel in Smyrna. For more information or to register, please sign up on the Opportunities for Ministry in your bulletin or contact Ron & Connie Bergeron, 770-951-1411, atlantaeme@earthlink.net, or go to [www.stcatherines.org/atlantaeme](http://www.stcatherines.org/atlantaeme).

# WELCOME these faces around St. Cat's!

*By Sally Powers*

Some new families have recently joined our St. Catherine's family. Please look for them on Sunday and let them know how glad we are to welcome them...

**Taryn and Jason Nienaber** — The Nienabers moved to the Marietta area from South Africa with young sons Ethan and Ryan about 4 years ago. Jason loves golf and almost all outdoor activities. He is employed with an IT firm in software development. Taryn also like outdoor activities as well as scrapbooking. They are interested in the Young Families group. You will usually see the Neinabers at the 8:45 service.

**Bob and Mary Catherine Schmitt** — Bob and Mary Catherine began attending St. Catherine's last fall. Their daughters, Erica and Claire, were baptised at the 8:45 service and attend our preschool. Bob is an engineer and Mary Catherine works for a

consulting firm. They are also interested in the Young Families and attend the 8:45 service and Wednesday night programs.

**Karley and Lauren Barber** — The Barbers are long time residents of east Cobb. They have been attending St. Catherine's for about one year. They enjoy Wednesday night dinners. They most often attend the 8:45 service and enjoy being with friends and feeling part of St. Cat's family.

**Betsy Broda** — Betsy moved to our area a little over a year ago from Irvington, New York. She has a son and two grandchildren here, and two sons and four grandchildren in New York. Her interests are piano, Bible study, travel and calligraphy. She has attended Wednesday night and is a member of our new Cookbook Committee. Betsy found St. Cat's through our website which she said was most informative and helpful. Look for her usually at the 7:30 service.

# Elizabeth Inn

**Next dinner: Sunday, February 28**

St. Catherine's prepares and serves dinner on the 28th of every month to the guests at the Elizabeth Inn homeless shelter—please sign up on the Outreach table in the foyer or contact Connie Bergeron, 770-951-1411, or Tracy Buckalew, 770-956-9609.

**Next laundry date: February 23**

Volunteers help with the men's laundry at the Inn on the 4th Tuesday and 5th Wednesday every month. To join the laundry team contact Fred Massey, 404.731.4466 or f\_massey2@hotmail.com.



## Letters



Margaret and Greg Caudle thank our St Catherine's family for your prayers, calls and cards following Margaret's mother's death. Elizabeth (Betty) Cantrell will surely be missed by her children, grandchildren and great-grandchildren. She lived a full life! We especially thank our clergy, especially Susan for administering last rites in the hospital and for our Clergy and staff who attended the funeral. No one feels alone when surrounded by the love of our St Catherine's family.

Margaret and Greg

Dear [St. Catherine's,]

Thank you fso much for your gift of \$2,782.45 [portion of the Christmas Eve 2009 offering] to benefit MUST. Your generous gift helped MUST during the busy holiday season and going into the new year to serve an unusual number of neighbors seeking help and hope...

Sincerely,  
*John Moeller Jr., Executive Director, MUST*

## Cats On Wheels

Our fellowship group for active senior adults will have their next Saturday Dutch Treat lunch at Piccadilly on March 20. *NOTE: The trip to "What I Did Last Summer" at the Georgia Ensemble Theater is cancelled.*



## Thinking of Stephen Ministry?

Stephen Ministry is in the process of forming a new class of ministers. Stephen Ministry is a one-to-one caring ministry designed to care for and support individuals who are undergoing a difficult period in their lives and need the support of a Christian friend who will walk with them through a time of sorrow, loss, uncertainty, and shaken faith. If you are interested in knowing more, please contact the clergy, Tom or Marilyn Hunter, or David Moore.

## 50th Anniversary Cookbook

As part of our church's 50th anniversary celebration beginning later this year, we are planning the first St. Cat's cookbook. Our goal is to have every person represented with a favorite recipe, especially ones that may have been served at special occasions here.



Please begin thinking of your favorites—they may be submitted online or by submission cards which will be available soon. For more information or to be involved contact Amy Morris or Sally Powers.

## Flowers and Candles

Many dates are still unsponsored! Thank you to everyone who has signed up to provide flowers and candles to adorn our sanctuary during 2010. Please remember that you may go together with friends and family to sponsor one or more dates. The sponsorship for candles or flowers is NOT limited to one person or family.

Please check for open dates on the Opportunities for Ministry in your bulletin or contact the church office. When you sign up please remember to submit a check for flowers (\$60/vase) and candles (\$20) on or before your scheduled date. Again, thank you for your generosity which keeps these enriching ministries self-supporting.

## CONGREGATIONAL NURSES CORNER

### Hints on Living Longer

*From "Aging Issues Newsletter," January 2010, by Home Health Options Inc.*

Strength training combined with cardiovascular exercise can actually slow down aging. If you exercise moderately, it is possible for you to add 1½ years to your life. If you exercise vigorously, you may be able to add about three years to your life.



## Episcopal Relief & Development Update

by Barbara Barrington

Thank you for your abundantly generous donations to Episcopal Relief and Development. St. Catherine's sent \$3,434.70 in relief to the earthquake victims of Haiti. ERD was in an established relationship with the Diocese of Haiti prior to the disaster and this has helped in collaborating the efforts and financial resources from Episcopalian worldwide. ERD has supplied water, food, vehicles and fuel for the vehicles to deliver the supplies to 23 diocesan camps. Camping supplies are also being sent to provide shelter for the 25,000 survivors living in these camps. The Diocese of Haiti has been able to provide clean water sites at eight camps because of the support of ERD. Emergency water purification systems are also being installed and maintained in additional camps. Not only is this providing the necessary water, it is creating jobs for many Haitians.

The Mandate for Episcopal Relief and Development is from Matthew 25: 37-40.

*Lord, when was it that  
We saw you hungry and gave you food?  
We saw you thirsty and gave you  
something to drink?*

*We saw you a stranger and welcomed you?  
We saw you sick and took care of you?  
We saw you in prison and visited you?  
'Truly I tell you, just as you did it to one of  
the least of these who are members of my  
family, you did it to me.'*

Thank you again for supporting a member of our worldwide family.

Strength training can take the form of water aerobics, working with bands, or even repeatedly lifting a can of beans or bottle of water. You only need to do strength training twice a week, then incorporate aerobic exercise such as walking, bike riding or swimming three times a week. [If you're just starting out do it] slowly, taking a walk to the corner and back. Each day add a little more. Why not try breaking it up—a walk one day, a bike ride the second day, and swimming the next. End your workout with a good stretching routine. It is just as important and shouldn't be forgotten.

# YOUTH

By Amelia Arthur

- **Valentine's Dinner Dance reflection**

When it started snowing at 2:30 Friday afternoon many thoughts ran through my head, What should we do? Should we cancel? Postpone? If so, to when? How are we going to raise enough money for the youth to go to Costa Rica? After making several phone calls my fears were calmed, many people said they were still planning to attend, no matter the weather. Jump forward to 6:30pm. The silent auction was set to open and the food was being prepared, but where were the people? By 7pm we had a full house, and despite the fact that there were inches of snow on the ground people had come. The room looked beautiful, everyone was dressed and ready for an evening of fun, and the food was ready. It really was a magical feeling, sitting at the back of the room taking it all in, breathing a sigh of relief. It was all going to work out.

The evening was wonderful, and we moved all the auctions up so that people could check out and leave a little earlier than planned. The YA youth, parents, and leaders did a great job of being flexible through all of the changes. At the end of the night we raised almost \$18,000 for the pilgrimage to Costa Rica. Thank you to everyone who came out in the snow to support the youth and thank you to all the parents, leaders, and youth who worked hard to make the evening a wonderful event.



Above:  
Servers at the Valentine Dinner Dance

- **Spring Lock-In  
March 12**



The spring lock-in will be at the home of Fred and Jennifer Massey on Friday, March 12, from 8 pm to 8 am. We will be "locked in" at the Massey's house all night and there will be tons of games and fun throughout the evening. The cost of the evening is \$15 per person and covers all the fun, as well as snacks and breakfast on Saturday morning. Sign up forms are available in the Youth House and on the bulletin board outside Amelia's office.

We need chaperones! Any parent, youth leaders, or other adult who has had "Safeguarding God's Children" training is welcome to chaperone, please contact Amelia if you are interested.

- **Spring Break Mission Trip to New Orleans April 6-10**



The spring break mission trip to New Orleans will be April 6 through 10 (Tuesday-Saturday) for all youth in the J2A, YA, and Senior classes. We will be working on a rebuilding project during the week and we will also get to know the city and see how much has been rebuilt since Hurricane Katrina. The cost of the trip is \$100 and covers all expenses. Forms are available on the youth house bulletin board and on the bulletin board outside Amelia's office.

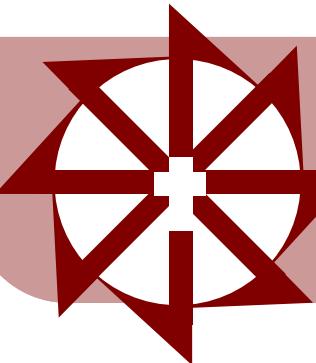
- **Happening**



Happening Weekend is February 26-28 at Camp Mikell, please keep all our youth and adult team members and participants in your prayers!

- **February Ministry Focus: Youth**

This month's St. Catherine's ministry focus is on the life and work of our very active Youth program. For more information please check the Opportunities for Ministry in your bulletin or contact Youth Director Amelia Arthur.



We're on the Web! [www.stcatherines.org](http://www.stcatherines.org)

ST. CATHERINE'S EPISCOPAL CHURCH  
571 Holt Road  
Marietta, GA 30068  
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Email: stcats [AT](mailto:AT) bellsouth.net

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30060

Address service requested



## Mark Your Calendars

- 2/23, 3/2, 9 ... Morning Lent worship & study
- 2/23 ..... Blood Drive;  
Elizabeth Inn laundry
- 2/24, 3/3... Morning Lenten labyrinth walk;  
Wed. Evening dinner & Lenten Study
- 2/28 ... Elizabeth Inn dinner
- 2/27 ... Caring for Aging
- 2/28 ... Newcomer coffee
- 3/2 ..... Ministry Teams meeting
- 3/6 ..... Diocesan Ministry Fair  
@ Cathedral St. Phillip

## *The Wheel*

Next Publications:  
*Mar. 5, 19, Apr. 9*  
Deadline for articles:  
*Wednesday before*  
Editor: Karen Manno  
*Email:*  
KAREN [AT](mailto:AT) STCATHERINES.ORG  
Phone: 770-973-8668

## Blood Drive

**Tuesday, Feb. 23**



The next Red Cross blood drive at St. Catherine's will be in the Parish Hall, 3:00 to 8:00 PM. Reserve your time slot by going to [www.givelife.org](http://www.givelife.org) and enter sponsor code HOLTRC (appointment not required to donate).

More dates coming, please add them to your calendar:

*April 27, June 22, August 24, October 26,  
December 28.*

## Welcoming Coffee

**Sunday, Feb. 28  
10-11 AM in the Parish Hall**

No RSVP needed! **All newcomers and visitors to St. Catherine's are cordially invited** to our next Welcoming Coffee. This is a social as well as informative gathering, as clergy, staff and lay leaders will be present to answer questions about our programs, services and ministries. Please come for coffee and goodies, and get acquainted with your parish family.

## Career Ministry

Career Ministry is for everyone on a career journey who could benefit from educational programs as well as emotional and spiritual support, and valuable resources. You'll find a variety of information on the Career Ministry section of our website—check this page often for new job postings! No fee, programs are open to all in the community. For more information contact [career.ministry@stcatherines.org](mailto:career.ministry@stcatherines.org).



**MARCH Program:**  
To be announced



**Thursday, April 15**  
Guest Speaker Jay Litton  
“The wwWoW! Interview”

# Saint Catherine's Episcopal Church

The Rev. James T. Nixon  
Rector

The Rev. Susan H. Johnson  
Associate Rector

The Rev. Kathy Holman  
Deacon

Lent 2010

Beloved in Christ,

Lent begins with our observance of Ash Wednesday on February 17th. We invite everyone at St. Catherine's to enter fully into this season of repentance, reflection and prayer. As part of our parish Lenten observance, we are asking everyone at St. Catherine's prayerfully to open their hearts and minds to God's vision for St. Catherine's.

Just over ten years ago, St. Catherine's began the Emmaus Project. In a pastoral letter to the parish, Father Jim described the Emmaus Project as "a journey, as a parish family, to discern what God wants St. Catherine's to do and be in this place at this time in history". The Emmaus Project established a vision for our future based on prayer and feedback from the entire congregation. As a part of that process, we established a number of goals to help us measure our progress toward achieving that vision. Working together as a community, we have accomplished the majority of those goals. The Emmaus Project is bearing wonderful fruit in the life of this parish.

Inspired by this success and motivated by the promptings of the Holy Spirit at our recent Vestry retreat, we sincerely believe it is time to again seek God's will for St. Catherine's through a process of discernment, visioning and renewal. We will not be re-creating the Emmaus Project, but will stand on that firm foundation as we seek to begin the next phase of our life as a parish. We feel strongly that we should begin the next leg of our journey with prayer. Let us all ask God to reveal what opportunities and challenges are next for us in our life at St. Catherine's, and let us truly listen for God's reply. We have put down strong roots in the first fifty years of our life together. Now let us see how much more we can grow and blossom in the light of God's love and in the love we have for one another in this community.

During Lent we will take time for contemplation, for prayer, for cleansing and for preparing ourselves for the celebration of Easter. In the Easter season, we will celebrate the resurrection of Our Lord, and we will begin celebrating how far we have come and all that we have done together as a parish community. As the year progresses and we approach the celebration of St. Catherine's 50<sup>th</sup> Anniversary, we will begin to actively explore the next phase of our journey together. Please join us in daily prayer, asking God to prepare us, to give us a vision of our future, and to inspire us so that we may fearlessly and joyfully go where God leads us.

May God bless and keep you,  
St. Catherine's Vestry