



# The Wheel

## Journey to Easter



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We invite you to set aside the demands of the everyday and join us April 1 to 3, for three days of intense liturgy with word and sacraments that touch our lives as in no other ways during the rest of the year. Beginning Thursday evening we meet over the days leading up to the resurrection of Jesus Christ. If you have never made this journey you will find it life changing. Please come!

This time is often referred to as the **Easter Triduum**. It marks the days of Jesus' passion and resurrection and is the most important time of the church year. It begins with Holy Thursday, reaches its high point in the Easter Vigil, and closes on Easter Sunday. Prepared by the days of Lent, Christians celebrate on these holiest of days the saving work God has accomplished in Christ. From the events remembered, so sorrowful and so joyful, the church learns the deepest lessons. In rites and words the mysteries of Jesus' final hours are with us again, his passion, his cruel suffering, his rising from the dead. And we discover the answer to age old questions: Does God love us? Is God merciful? Does God care for us?

In the celebration of **Holy Thursday (Maundy Thursday, April 1)**, Jesus sacramentally anticipates the gift he makes of himself on the cross. His command to serve others is dramatically recalled in the ceremony of the washing of the feet, which he performed for his disciples. Like the Paschal lamb, killed and eaten by the people, he is a sign of God's salvation. In our prayer vigil [following this service] through the night, we respond in word and deed to Jesus' wish for his disciples to watch one hour with him in the garden.

**Good Friday (April 2)** rites center around simple dignity the story is retold, followed

by prayers for the entire world, for this powerful mystery brings blessings to the world. According to ancient tradition, the cross is venerated this day, and the sacrament of Christ's love for his church is received. It is a day of fasting.

**Easter Vigil (April 3)** is the high point celebrating the passion and resurrection of Jesus. It is the most beautiful of all liturgies! **Bring your bells to this service.** With a rich display of symbols, rites and readings, the church expresses her faith in the mystery that brings her into being. The vigil opens with a service of light. The lighting of the fire and the Easter candle go back to time before Christianity. The candle, carried with loving reverence and lyrically praised, is a sign of Christ, "the light of the world," and celebrates the victory of light that humanity has ever longed for. Next, a series of readings recalls the great interventions of God in history, from creation to the redemption of Israel from Egypt, and ends with the story of Jesus' resurrection. Those preparing for Baptism receive the sacraments of initiation. The blessed water signifies the blessing of new life. The great "alleluia" proclaims with quiet joy the triumph of God's Son. And finally, Rejoice! this night says to all creation as it brings before us the deepest symbols of our hopes and fears. The darkness, sign of evil and death, has been overcome by light. A lamp, a candle has been lit; a fire is enkindled in our hearts; a nourishing water flows through our lives; a baptism destroys what is unclean and brings to life again. The Word who made all things freshly proclaims God's promise of life. All creation celebrates God's love.

*The people of St. Catherine's seek to share in the love that Jesus Christ has for us and the world by welcoming, accepting, nurturing, and serving all people through the power of the Holy Spirit.*

*We Welcome You!*

**See all our activities for Holy Week and Easter Day inside, pages 4 & 5**

## Nursery Workers needed



We are hiring workers for our nursery. Hours are Sundays 8:30am to 12:30 pm and Wednesdays 4:45 to 6:45 pm (Wednesdays are not needed in the summer). Pay is \$9 per hour. Applicants should be 18 years or older; enjoy working with infants ages 0-5; have own transportation; be reliable and able to work flexible hours; and a team player. Background checks will be conducted. Experience working with infants a plus. The person need not be a member of the parish. If you or anyone you know are interested, please contact Rosemary Wolfe in the church office, [rosewolfe@tbsouth.net](mailto:rosewolfe@tbsouth.net), 770-971-2839.

## Holy Baptism

**Next dates:**  
**April 3, May 23**

Please check with the office for more information and to request the customary booklet about Holy Baptism.

## "I have seen the Lord"

Did you know that the church celebrates Easter Day for a whole week? Easter Sunday through the Sunday following it is what we call the *Easter Octave*. Our worship during this time continues in the same jubilant mood of celebration that we have on Easter Day. In addition to the Easter Octave, the season of Easter extends from Easter Day through the fifty days that follow. During this season, we take the time to unpack the mystery of the resurrection, that gift beyond our wildest imagining.

Our culture tends to treat holidays (holy days) as commercial events. For weeks before Easter, the stores are packed with chocolate bunnies, plastic eggs and Easter cards. Lent, it would seem, is not a marketable item. Even those who regularly attend church tend to leap-frog from Palm Sunday to Easter Day, avoiding the subdued Holy Week services. But it has been my experience that it is only as I enter deeply into the services of Holy Week, remembering the passion of our Lord and following him in the way of the cross, that I am able to enter fully into the joy of Easter.

Just as the culture skips over Lent to Easter, in like manner, as soon as Easter Day passes, the stores move on to Mothers Day, Memorial Day, bathing suits and barbecue ads. If we have had any kind of encounter with the magnitude of the mystery of the risen Lord, there is no encouragement from the world to spend time allowing that experience to sink into the fabric of our lives. Even in church we find the Sunday following Easter Day is one of the lowest in attendance, and how many of us have ever been encouraged to attend an Easter study series? This is why I am thankful that the church invites us to honor not only the Easter Octave, but the festive season of the Fifty Days of Easter to spend some time in unpacking the impact of the Easter event. During the Fifty Days the scripture readings focus our attention on the post-resurrection appearances of Christ and the continuing story of the pouring out of the Holy Spirit, the birth of the church at Pentecost, and the way the faith of the early church began to spread throughout the known world.

*Continued on page 3*

## Prayers of the People

### For the Sick

Sharon Parisi, Lillian Vu, Tom Carter, The Rev. Patty Roberts, Olivia Martin, Eddie Brewer, Michele Moody, Tommy Osborn, Linda Smith, Lorraine Nichols, Bill Krupp, Simone Taylor, Janet Wheeler, Emma, Jeryl Tuten, Luke Wynn & parents, Harry Smith, Cathy Lamb, Gloria Johnson, Wanetta Riegling, Liz Falcone, Mit FitzSimons, Risa Maier, Lavon Wiggins, Doris Samples, Gale Jones, Jane Lawrence, Richard Keener, Barbara Keener, Donald Haddad, Bruce Hansbrough, Coy Colwell, Peggy Derry, Joshua, Eileen Motter, Tom Holloway, Brian Stringer, Pat McBurnett, Brittany Wnek, Stephanie Suprock, Sherrie Cromer, Randy Gable, Jarrett & parents Jill & John, Miles Pearson, Betty Robinson, Beth Jordan, Greg Jordan, Tom Nichols, Lyn Nichols, Ellen Brandt, Katja Michael, Nancy Evans, Jamie Harding, Arlyn

Cook, Ellie Appenzeller, Annabeth Hopper, Fr. Jim Nixon, Jack Hart, A. William Bibbings, Davis Waldron, Walt McGill, Arleen Karaken

### Before Surgery

Beth Sandoval, 5/27/2010

### Deceased

Dorothy Torain, Bettye Harris's aunt

### Parish Cycle of Prayer

**(3/21/10)** David & Emilie McLaughlin; Martin & Katja Michael, Karoline & Michael Findley; Daniel, Amy & Luke Mikkelson; Eric, Christina, Jackson, Annelise & Madeline Miller; Kenneth, Linda & Dana Minzenberger  
**(4/4/10)** Andy, Carroll & Jennifer Mitchell, Katie Lowry; Charles Monk, David, Mary, Catherine & Laura Moore; Mark, Sally & Rex Moore, Sarah Stanley; Peter, Colleen, Kyle & Jill Morich

### Birthdays

(3/22) Susan Heuke, April Studley; (3/23) Claire Paglia, Laura Dover; ((3/25) Bradley McGhee; (3/26) Chris Potter, Alan Certain, Zachary Ladner; (3/27) Randy Satterfield; (3/28) Marilyn May, Sybil Coote; (3/29) Forrest Tuemmler, Catherine Moore, Alison Gale; (3/30) Marilyn Whitlow, Siena Glidewell; (3/31) Tate Phillips; (4/1) Lucas Cardona; (4/2) Tom Snead, Bart Kareken, Walt McGill; (4/3) Steve Diffley, Ralph Patrick; (4/4) Andrew Boyd, Camille Seneviratne, Danielle Yucius; (4/5) Monica Kraeger; (4/6) Olivia Smith, Karla Smolen, Spencer Shushan; (4/7) Meg Reeves, Grace Adams; (4/8) Tad Selby; (4/9) Lorraine Nichols, Lily Schuring; 4/10) Molly Frost; (4/11) Sue Schnorf, Jillian Dumke, Morgan Cox

### Transfers In

Toby Hopper

## Rice Bowls Ingathering

### Palm Sunday, Mar. 28

Use the plastic "rice bowls" in the church foyer or by the preschool office to collect your spare change to make a difference in the lives of orphan children worldwide. Filled bowls are due back to the church by Palm Sunday, March 28. Questions? Call Ash & Jenny Gale, 770.579.0657, or see the website at [www.RiceBowls.Org](http://www.RiceBowls.Org).

## Blood Drives schedule change

Due to the Red Cross' training schedule, we will not hold a blood drive at St. Catherine's in April. We would like to encourage our regular donors to visit the East Lake Red Cross Center on April 27 (date originally scheduled here). Please keep in mind you must wait at least eight weeks (56 days) between donations of whole blood—if you give blood AFTER this date you will not be eligible for our next blood drive, June 22. Thank you for helping save lives!

## Elevator Repair By Al Jones

Last Sunday [March 7] we found the elevator stuck between floors and inoperable. The door at the top floor was ajar probably from passenger(s) climbing out after the car became lodged between floors. We had to call the repair company and they sent two men who spent a total of ten hours between them making necessary repairs. The cost for this will exceed \$1,000 at this time of tight budgets, and of course we didn't plan on having this expense.

The American Disabilities Act requires us to provide this equipment. Not only that, it makes it possible for those who need it the opportunity to fully utilize our facilities. The repair crew was complimentary of our elevator. They also advised that overloading, horse-play, jumping while in service may have contributed to this problem. Please keep the use of this elevator only for purposes that it is meant to serve.

## Respect for our Space

We have a wonderful space for our worship, meetings and activities. Please remember to be continually respectful of all who share it with us all year long.

- **Nursery and Preschool rooms: Children should not use these rooms without supervision.** Be sure that toys and furniture are returned **neatly** to their proper place, in the condition in which you found them. Preschool room supplies should not be used without prior arrangement.
- **Parish Hall and meeting rooms:** Return chairs and tables to the way you found them.
- **Kitchen:** Clean all surfaces and put all items away. Take trash out to the dumpster in back of the church.
- **Youth House:** Return furniture to the way you found it, and be sure to lock the doors when you leave.
- **Turn out lights when you leave the room,** even if you think another group will be using it later. (Studies show that it does **not** produce significant savings in light bulb life by leaving them on.)
- **If you see something that needs repair,** inform the church office.

## I have seen the Lord (cont'd)

*continued from page 2*

There have been years when I have felt that I wasn't quite in the mood for Easter, when I have found myself still stuck back on Good Friday and not able to make my way with the women to the empty tomb on Easter Day. Even when I join Mary in the garden on Easter morning the magnitude of the Easter event seems impossible to completely wrap my mind around. The beauty and fragrance of the lilies, trumpets blaring as we all strain our voices in triumphant alleluias, proclaiming the vanquishing of death's power over us is more than I am prepared to fully take in. I find I am like the fear-filled disciples who can't begin to fathom the story that the women bring, "He is risen from the dead!" I, like Thomas, need to be able to say for myself, "I have seen the Lord."

This is why I love the scriptures of Easter and its Fifty Days. When I have been overwhelmed by grief, having lost what was dearest in life to me and feeling that all hope was gone, I hear, along with Mary, my name being tenderly called in those parts of myself where before only hopelessness has reigned, and have been forever transformed by that encounter with the risen Christ. I, like Peter, have met Jesus on the shore, and having expected to be reminded of my deepest betrayals, have found only the question, "Susan, do you love me?" followed by the call to feed His sheep. I have been in that upper room, behind locked doors with the disciples gathered together for support after the terror of Golgotha, and heard Him speak, "I give you my peace," as His spirit breathes new life, forgiveness and the power to forgive into the darkest fear-filled corners of my being.

It takes time to open up and be receptive to Easter moments. As we enter the Easter stories, may we hear God coaxing us to open our minds, lay aside our fears, and allow surprise to take over our hearts, for it is then that we will find we are able to say, "I have seen the Lord," and our lives will never be the same again.

Easter Blessings,

*Susan*

## Holy Week and Easter

### This week at St. Catherine's

Monday, 3/22

*Susan's Day Off*

7:00PM ESL  
7:30PM Catechists  
7:30PM B.S. Troop 713

Tuesday, 3/23

7:00AM Eucharist & Study  
10:00AM Morning Prayer  
10:30AM Staff Meeting  
4:00PM Catechesis  
6:00PM Elizabeth Inn Laundry  
6:30PM Jubilate  
7:00PM Stewardship

Wednesday, 3/24

5:30AM MUST Breakfast  
7:30AM Labyrinth Walk  
9:30AM Bible Study  
5:00PM WNL Program  
5:45PM WNL Dinner  
6:15PM Youth Choir  
6:30PM WNL Program  
6:30PM Invitation Ministry  
7:30PM Adult Choir

Thursday, 3/25

10:00AM Wildlife Wonders  
5:30PM Catechumate  
6:00PM Great Oak  
6:30PM EFM  
7:00PM Men's Bible Study

Friday, 3/26

*Jim's Day Off*

10:00AM Women's Bible Study  
8:00PM A.A.

Saturday, 3/27

Sunday, 3/28 **Palm Sunday**

**Rice Bowls ingathering**

7:30AM Holy Eucharist  
8:00AM Breakfast  
8:45AM Family Holy Eucharist  
10:00AM Church School  
11:15AM Choral Holy Eucharist  
3:30PM Financial Peace  
5:00PM Stephen Ministry  
6:00PM Elizabeth Inn dinner

### Easter Egg Hunt

The Easter Egg Hunt will be on Easter Day, April 4, immediately after 8:45 service (about 10:00 am). Young children (toddlers-2nd grade) meet under the Great Oak and older children (3rd-5th grade) meet in the downstairs atrium. **We ask that parents supervise their own children during the hunt.** Youth 6th grade and older may be helpers, please contact Amelia Arthur, [amelia@stcatherines.org](mailto:amelia@stcatherines.org).

### We appreciate your donations of empty plastic eggs and wrapped candy, by Thursday, April 1.

Leave eggs and candy separate, and please make sure candy contains NO peanuts or peanut products. Items can be dropped off in the box outside Youth Director Amelia's office. **Egg assembly party on April 2 at 10:00 am** in the conference room. If you would like to help contact Amelia, [amelia@stcatherines.org](mailto:amelia@stcatherines.org), 770-971-2839.



### Stations of the Cross

**Guided Stations of the Cross** will be held on Good Friday, April 2—Outdoor Stations at 12:00 pm, and Indoor Stations at 6:30 pm. **A Way of the Cross for Children** is held Tues., March 30, 6:30 pm. This is an interactive Stations designed to stimulate imaginations and help our children experience the walk through Holy Week. Children old enough to read will enjoy this experience in particular but all children invited ages 7-12.

### Rites of Reconciliation

The clergy of St. Catherine's offer the opportunity for private confession (The Reconciliation of a Penitent) during Holy Week. During Lent we are called to a ministry of forgiveness. Holy Week is a great time to explore the areas in our own lives where forgiveness would be appropriate. Confessions are not restricted to times of sickness. They may be heard anytime and anywhere. The Reconciliation of a Penitent, found in our Book of Common Prayer, pages 446-452, is available for all who desire it. The Anglican tradition has always been that *all* people can avail themselves of this sacrament, some *should*, but none *must*. If you want to explore this sacrament including simply inquiring about it, please contact Father Jim or Father Sue by noon on Good Friday, April 2.



### Maundy Thursday Prayer Vigil

Our custom is to keep Vigil with our Lord through the night from immediately following the Maundy Thursday (April 1) liturgy until Morning Prayer on Good Friday at 9:00 AM. Security is in the building through the night. The sign up poster is in the foyer (no limit on the number who may sign up per time). Please find a half-hour or hour period you can sit in prayer with Christ in his passion. Won't you spend one hour with your Lord?

### Good Friday Monastic Dinner

We will gather after our April 2 Good Friday service for an adult monastic dinner in the Parish Hall immediately following the liturgy. We break our Good Friday fast as we come together in silence and candlelight to enjoy fish stew, bread, and a little wine or other beverage. It is always a delight to hear the room move from silence to a solemn joy as we anticipate the rest of the story of the death and resurrection of Christ. Look for the Opportunity for Ministry in your bulletin to sign up.



### Easter Receptions help needed

The Fellowship Committee invites everyone to an Easter reception following the 8:45 and 11:15 services. Volunteers are needed to help especially for the 8:45 reception. Please sign up in on the Opportunities for Ministry form in your bulletin or contact Pat Pepper at [ppepper97@bellsouth.net](mailto:ppepper97@bellsouth.net) if you can help serve or clean up. We also need volunteers to bring finger foods to share. Please bring your contribution to the kitchen before the service that you attend.

### Flowering of the Cross

We invite all children to bring cut flowers to the 8:45 AM Easter morning worship service. It is our custom to flower the cross in front of the sanctuary just as the glorious worship service begins. Be sure to bring flowers for each child, and we always appreciate some extras for children who are visiting or simply forgot theirs in the rush of dressing in their Easter finery.

### Easter Communions

We invite you to let us know if you will not be able to be in church on Easter Day due to illness. The Church's tradition is to bring the communion of Sunday of the Resurrection to those unable to celebrate in the midst of the community of faith. Simply contact the office and we'll have one of our Lay Eucharistic Ministers call to arrange a visit.



# WELCOME

By Sally Powers

Welcome a new face to our St. Catherine's family! Please be on the lookout for our newcomers and let them know how glad we are that they are becoming part of our faith community.

**Diana Adrian** - Diana lives in Norcross and is a friend of Sharon and Paul Parisi which is how she found St. Catherine's. She has a grown daughter and son and four grandchildren. She loves to travel, swim, walk, read, and enjoys the arts. Diana, a nurse, might like to help in our nursery.

## St. Catherine's to host choral concert

St. Catherine's is proud to host the Second Annual Marietta Festival of Music on **Sunday, April 18 at 6:00 pm** in our sanctuary. The 90-minute concert will feature performances by three choirs, The Cobb Festival Singers and The Northside Young Singers under the leadership of Music Director Lynn Swanson, and The William Baker Festival Singers under the direction of Dr. William O. Baker. The program will include classical works by Handel, Purcell and Hassler, modern selections by Taverner and Nystedt, and a diversity of American spirituals, folk and gospel. Admission is free (donations gratefully accepted). For more information visit [www.FestivalSingers.org](http://www.FestivalSingers.org).

## Marriage Encounter

Economy affects marriages! It takes much effort just to make ends meet in our world today. Do you wish you could talk about something besides all the stresses in your life? Episcopal Marriage Encounter Weekend, April 23-25, gives you the time and tools to revitalize romance, deepen communication, and nourish the spirituality in your marriage. For more information or to register, check the Opportunities for Ministry in your bulletin or contact Ron & Connie Bergeron, 770-951-1411, [atlantaeme@earthlink.net](mailto:atlantaeme@earthlink.net), or go to [www.stcatherines.org/atlantaeme](http://www.stcatherines.org/atlantaeme).

## Letters



Dear St. Catherine's,

I want to express my deep felt gratitude for the prayers, cards, phone calls, food, and love you have extended to Bill and me after my recent hospitalization. Being wrapped in your affection and care has made all the difference in the world during my recovery. You truly bless us.

With much love,  
*Bill and Kathy Holman*



## Caring for Aging Loved Ones

Our final workshop will **Saturday, April 17, 8:30 - 11:30 AM** in the Parish Hall. The topic is "*Kennestone Advanced Directives and Critical Conditions*" with presenter Joan Nixon, RN. We provide information valuable to everyone, whether or not you are currently caring for someone. The series is free and open to the community.

## Career Ministry



**No Meeting in March!** Our next meeting is **Thursday, April 15**, at 7 pm in the Parish Hall. Our guest speaker will be Jay Litton on "The wwWoW! Interview." Career Ministry is for everyone on a career journey who could benefit from educational programs, emotional and spiritual support, and valuable resources. No fee, programs are open to all in the community. You'll find a variety of information on Career Ministry at [stcatherines.org](http://stcatherines.org). For more information contact [career.ministry@stcatherines.org](mailto:career.ministry@stcatherines.org).

## Companion Parish trip

Get on the team for our **July 9-14 trip** to our companion parish, St. Elizabeth's on the Ute Indian reservation in Whiterocks, Utah. We will enjoy fellowship and cultural activities as well as assist the leadership of their Vacation Bible School. This is an intergenerational trip, mature youth (rising 8th grade and older) and adults are welcome. A fee will be involved. If you would like to learn more about Native American Ministry, please check the Opportunities for Ministry in your bulletin or contact Ginny and Scott Lummus, [gslummus@gmail.com](mailto:gslummus@gmail.com), 770-649-5391.

### This week at St. Catherine's

Monday, 3/29

*Susan's Day Off*

7:00PM ESL  
7:30PM Boy Scout Troop 713

Tuesday, 3/30

7:00AM Eucharist & Study  
10:00AM Morning Prayer  
10:30AM Staff Meeting  
4:00PM Catechesis  
6:00PM Adult Ed.  
6:30PM Jubilate Choir  
6:30PM Children's Stations

Wednesday, 3/31

7:30AM Labyrinth Walk  
9:30AM Bible Study  
12:00PM CN & D  
6:00PM Elizabeth Inn Laundry  
6:30PM Youth Choir  
7:30PM **Holy Eucharist & Healing Service**

Thursday, 4/1 **Maundy Thursday**

7:30PM Maundy Thursday service  
9:30PM All Night Prayer Vigil

Friday, 4/2 **Good Friday**

*Jim's Day Off*  
*Office Closed*

9:00AM Morning Prayer  
10:00AM Egg Hunt prep  
12:00PM Stations of the Cross  
6:30PM Stations of the Cross  
7:30PM Good Friday Service  
8:00PM A.A.  
9:00PM Monastic Supper

Saturday, 4/3 **Holy Saturday**

10:00AM Acolyte Practice  
10:00AM Proper Liturgy  
7:30PM Great Vigil Service

Sunday, 4/4 **Easter Day**

6:30AM Sunrise Service  
7:30AM Breakfast  
8:45AM Festive Family Eucharist  
10:00AM No Church School Reception + Egg Hunt  
11:15AM Festive Choral Eucharist  
12:45PM Reception

## Women's Retreat



**Space is filling fast** for the Spring Women's Retreat, **April 23-25** at Montara Farm, a private retreat facility in the foothills of the north Georgia mountains. Only 40 slots are available, a \$100 deposit reserves your spot. Final cost is expected to be \$250-\$275. Reserve now with your deposit check on the Opportunities for Ministry in your bulletin or contact the office.

## Cats On Wheels theater outing

Cats On Wheels is going to the **Wed., April 14** (8:00 pm) performance of "100 Saints You Should Know" at Actor's Express Theater in the King Plow Arts Center, Atlanta. Tickets \$20 each, sign up on the Opportunities for Ministry form in your bulletin or reserve by check payable to St. Catherine's designated for "Cats on Wheels." For more information, contact Alan Certain, 404-661-2200, [Cats\\_on\\_Wheels@stcatherines.org](mailto:Cats_on_Wheels@stcatherines.org).

## Anniversary Cookbook

We are planning a St. Catherine's cookbook as part of the 50th Anniversary coming up. Our goal is to have every person or family represented with one or more favorite recipes, especially ones that may have been served at special occasions here. We'll be collecting them during the month of April by submissions online or by recipe cards collected at church. **Any recipe can be submitted – even if it's not your own creation.** Recipes from sources such as magazines, newspapers, etc. may be used—as long as the title of the recipe is not trademarked or copyrighted such as Toll House® Cookies or Killer Brownies®. (Recipes may have brand ingredients, i.e. Toll House® morsels, Jell-o®, Cheerios®.) For information contact Amy Morris or Sally Powers.



## Discovering Sacred Space

**Saturday, April 24, 9 am to 4 pm**

St. Catherine's is proud that we will be host of a conference by The Institute for Ministry and Theological Education of the Diocese of Atlanta, with workshops led by speakers of national prominence. Cost is just \$35/Adult and \$15/Teen and includes lunch. Get complete details including all the speakers and topics, and register by going to [imte.episcopalatlanta.org](http://imte.episcopalatlanta.org) and following the links for "Discovering Sacred Space."



## Save the Date: VBS!

Save the date for Vacation Bible School at St. Catherine's: **June 21-25, 1-4 pm.** We're going on a wild safari, "Kingdom of the Son," exploring the Lord's Prayer with songs, games, crafts, and snacks. Program is open to children ages 4 (by July 1) through rising 5th graders, cost is \$25 per child. Registration forms are available in the foyer.

### Volunteers needed—Adults and youth

Want to join a fun and once a year ministry? If you have interest in one of the areas of VBS like crafts, games, music, Bible themes, snack or decorations please sign up now on the Opportunities for Ministry form in your bulletin or contact Stephanie Yucius or Lisa Spessard.

## Stewardship of Self

*By Tom Hunter*

Most of the time when we talk about Stewardship—taking good care of the gifts God has given us—we think about giving. It may be giving money or time or our skills and talents to help others. Stewardship has taken on the image of giving up something. But is that really what being a good Steward is? If we go back to the original image, a steward was someone who took care of the land entrusted to him, who improved the property and made it productive. We seem to have lost some of that focus but it is still valid. The more we take care of the gift and build on it the more there is to give.

The first gift, and maybe the greatest gift, that God gives us is us. Before anything else God gives us our life, "our selves, our souls and bodies." Isn't it therefore most important that we first care for and build up this great gift? The more we build ourselves, the more we are able to give to the building up of God's kingdom.

So what does this mean, exactly? When I retired, I was part of a large layoff. As part of my "package" I was referred to an out placement organization. I had my first meeting with them and informed my counselor that I didn't know why I was there since I didn't want to find a job. I was retiring! He said, "Well, we have a really good retirement module. You might want to try that."

That module really taught me what Stewardship of Self was all about! It showed me all the good I would be doing for the world if I first took care of myself. It helped me get over the false guilt of being "selfish". And next it taught me what taking care of myself meant. I learned to recognize and categorize my basic needs, Spiritual Growth, Intellectual Growth, Physical Well Being, Financial Security, the Need to Help Others and Meaningful Work. But the key lesson I earned was how to consciously achieve a balance among these basic needs. I was very relieved to realize that taking care of my personal needs, being a good Steward of Self, really wasn't all that selfish in the traditional sense. I wrote down what filling each of those needs means to me and I try to work on each one in balance. It is a conscious daily effort but it feels good! I pray God is pleased with my Stewardship of this great gift he has entrusted to me.

## Vestry Notes

By Kimberly Blythe

From the Vestry meeting on March 16:

- Bishop Keith Whitmore will visit St. Catherine's on Sunday, May 23, which is Pentecost Sunday.
- Amber Shushan has agreed to sit on The Great Oak Foundation and the Vestry has approved.
- "50 hours of Prayer" Vigil is being held March 19-21. Prayers can be conducted from your own home or you can come to St. Catherine's. Security will be provided.

## March Outreach collection

We are collecting **TOWELS** for MUST Ministries, of any kind (hand, bath, washcloth, face) for bathing. Please bring your new or slightly used towels to the Outreach Basket in the foyer opposite the parlor.



## Save the date!

The new Community Health Clinic at MUST Ministries will open with a blessing service (2 pm) and ribbon cutting (3 pm) on **Sunday, April 18**. All are invited to attend.

## Reflections from Your Vestry

*This month your Vestry is the ministry featured in our parish prayers. We all thank you all for the privilege and honor of serving as your representatives. It is a joy and a challenge to lead such a diverse parish and to try to help us discern what God is calling us to do. Following are some reflections on the special joys of being a member of St. Catherine's Vestry.*

"Serving on the Vestry allows me to be involved in the church, help lay the groundwork for direction of the parish, and get to know the other members of St. Catherine's. Our family feels so blessed to have discovered St. Catherine's as a church home. We want to contribute time, talent and treasure to show our appreciation for the blessings we receive every day from the many people at St. Catherine's. Thank you to Jim and Susan and all of the leadership that makes St. Catherine's such a wonderful place."

"For me, the most important and most rewarding work on the vestry is Thank You Notes and Phone Calls. Each month the list of Thank Yous reminds us of St. Catherine's numerous service projects and the many individuals who invest their lives in that service. Calling fellow parishioners on our Prayer Cycle List and taking the time to connect to their lives has been a blessing and the basis for some new relationships. This is the work that feeds my soul."

"I enjoy being part of the Vestry because of the friendships forged and the relationships shared."

"I think serving on the Vestry is an opportunity everyone should take advantage of. It is the one ministry that is tied to everything in the church. Spending time in the service of the church and in community with your fellow Vestry is a rewarding experience."

"Vestry meetings are a place where your voice will be heard. Even if no one agrees with you, you can feel safe and know your opinion is respected. How could I not serve St. Catherine's when they have done so much for me?"

"As a Vestry member I represent the congregation and serve them and Christ as well. The love and friendship of fellow Vestry members enriches me. I enjoy Fr. Jim's leadership style and working with him."

"The Episcopal Church has always been an important part of my life, from Acolyte and Youth Choir, to Lay Reader and Adult Choir. I participated in these activities for the joy of serving and singing, but I always felt I got more from it than I gave back. Since joining St. Catherine's, we've felt immediately welcomed into the family, and while I've been a regular member of the choir, I felt it was time to give back to the church for all it has given us. Since joining the Vestry, I've come to understand there is no end to the work of the church, and that it needs constant care and feeding of its members, by its members, and while it takes work from everyone, it is not a toil or a task...it is the joy in participating in something important, and seeing how much everyone gives of themselves, even in hard times, that made and keeps St. Catherine's a growing, vibrant, and thriving church. I'm honored to be a small part of it."

"After the first 60 days of getting to know much more about the members of St. Catherine's, it is amazing to see the energy and enthusiasm that is spread out in all areas. Being a Vestry member is simple in that I can be myself and challenging in that there are many members of St. Catherine's that I need to meet."

"When you meet someone new at St. Catherine's one of the first questions you ask is "What brought you here?" Here's my "short" story: After three years of marriage and a newborn (Sara-Alison) Fred and I found ourselves in need of support in many areas. We had always discussed raising our children in a church, however now was the moment of truth. Adjusting to the schedule of a newborn and taking a seven month maternity leave was challenging both of us. Then in walked Larry Packard. Fred decided to try St. Cat's by attending the 7:30 AM service. After a few weeks he came home and said, "I think I found a church where we can all be happy, and the Priest will counsel us for no charge!" Over the years St. Catherine's was always there for us. Whenever we had any kind of family crisis we knew just where to turn. Father Jim especially has come to our aid many times over. When approached to "prayerfully consider" Vestry it was a no-brainer. Finally, an opportunity where I could really give back! Yes, I was terrified. But then I was embraced by other Vestry members. I quickly learned each of us has a voice, and people listen. And I became part of another family."



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## Mark Your Calendars

- 3/23,30 ... Morning Lent worship & study
- 3/23,31 ...Elizabeth Inn laundry
- 3/24, 3/31... Labyrinth walk
- 3/24 ..... WNL. (Lent series concludes)
- 3/28 ..... Palm Sunday; Rice Bowls Ingathering; Elizabeth Inn dinner
- 4/8-11 .. Youth Mission Trip

See pages 4-5 for complete Holy Week & Easter schedule

## The Wheel

Next Publications:  
Apr. 9, 23, May 7  
Deadline for articles:  
Wednesday before

Editor: Karen Manno  
Email:

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Phone: 770-973-8668



## Flowers/music donations

Due Sunday, March 21

We invite all in the parish to contribute to the cost of flowers to decorate our church for the Easter celebration, and for special music at Easter Day services. You will find brown envelopes in the pews for your check or cash donation. Please be sure to write clearly on the envelope your name and how you would like your donation remembered in our Easter bulletins, in memory or thanksgiving for a loved one (or you may send donations with this information included to the church office).

## Easter parking helpers

We need 3 people before the 8:45 and 11:15 services on Easter Sunday to assist with directing traffic in our parking lot. If you are able to arrive 1/2 hour before either service to help, please check the Opportunities for Ministry in your bulletin, contact Maureen Donoghue, [georgiadonoghues@comcast.net](mailto:georgiadonoghues@comcast.net), or call the church office.

## "50 Hours of Prayer"

March 19-21

"Continuing to Grow and Bloom - 50 Hours of Prayer" — All members of our parish are encouraged to join in a 50 hour prayer vigil in thanksgiving for our 50 year anniversary and in seeking God's will for our future. The vigil begins 10 am on Friday, March 19 and ends at noon on Sunday, March 21. You may sign up for a 30 min or 1 hour time. Prayer and meditation materials will be available. Hosted by St. Catherine's Daughters of the King, all parishioners are invited.



## Palm Sunday readers

We need volunteer readers to participate in the reading of the Passion Gospel at our 8:45 or 11:15 am services on Palm Sunday, March 28—eight readers per service, a total of sixteen. You will read a small part while standing at your seat. This is an opportunity for parishioners who are not already lay readers to be involved (lay readers are welcome as well). Sign up on the Opportunities for Ministry form in your bulletin or contact Steve Diffley.