

# The Wheel



## Inside this issue:

Clergy Article	2
Prayers of the People	2
Articles & Activities	2-8
Calendar	4-5

## Shrove Tuesday Pancake Supper

February 24, 5-7 PM

Come celebrate Mardi Gras, St. Catherine's style! Come between 5 to 7 PM for pancakes, King Cake, and fellowship! Our Youth will be making pancakes, sausage, and spiced apples and serving them in the Parish Hall. This year half of the money raised will go to the youth program and half



will go to St. Catherine's. The suggested donation is \$5 for adults and \$3 for children. Come out to have pancakes and fun and help support the Youth Program and St. Catherine's!

## Invitation to a Holy Lent

Ash Wednesday, Feb. 25

**Holy Eucharist + Imposition of Ashes at 7:00 am, 12:00 noon, 7:30 pm**

On Ash Wednesday, we are signed with the outward sign of our humble beginnings and common end. The priest invites all to the observance of holy Lent by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. After our period of silence before the Lord, our maker and redeemer, the priest puts ashes on our foreheads as we take responsibility for this living flesh, notice everything around us, and know that all will one day turn to dust.

## Hunger Walk March 1

The annual Hunger Walk is taking place on Sunday, March 1, and we need you! The Walk begins at 2:30pm at Turner Field in Atlanta. The St. Catherine's group will meet immediately after the 11:15 service that day to carpool to the walk. **If you can't walk you can sponsor someone who is walking!** Look for the list of names of registered walkers on the bulletin board in the foyer if you would like to sponsor someone.

Each year the Diocese of Atlanta partners in this event with many organizations to raise money for the Atlanta Community Food Bank. For each \$1 raised the Atlanta Community Food Bank can provide \$8.28 worth of groceries to those in need. There is no minimum donation. Get complete details at [www.acfb.org/hunger\\_walk/](http://www.acfb.org/hunger_walk/). Forms are available on the Hunger Walk bulletin board in the foyer and from Youth Director Amelia Arthur.

This is one of two days the Episcopal church calls for fasting and church attendance – the other is Good Friday. Fasting is generally accepted to mean abstaining from food and beverage until the communion is received. Of course, we do not recommend this if there extenuating health issues. Please make every effort to attend worship this day. Churches throughout our community will have services (please call the office and we will be delighted to give you information on an Episcopal church close to your work or function).

**New at St. Cat's!**



**Career Ministry next meeting Feb. 26 see page 8!**

**Financial Freedom see page 4!**

*The people of St. Catherine's seek to share in the love that Jesus Christ has for us and the world by welcoming, accepting, nurturing, and serving all people through the power of the Holy Spirit.*

*We Welcome You!*

## Ministry Teams Quarterly

**Tuesday, March 3  
7:00 PM**

All ministry team members—committee and group chairs, conveners—and all those who are interested in ministry at St. Catherine's, please mark your calendar and plan to attend this important meeting.



## Holy Baptism

**Next date: April 11**

Please check with the office for more information and to request the customary booklet about Holy Baptism.

## Come and See

It is reported that when asked about her ministry, Mother Teresa would respond to the inquisitor, "Come and see."

I am often asked, "What is the diocese?" and/or "What does the diocese do?" I have found over the years that we Episcopalians carry many differing ideas about "the diocese." Some of us have a negative impression and some positive. Some of us are indifferent or feel that the diocese is some obscure entity where arbitrary edicts and rules come from. The truth is that "we" are the diocese. We, as lay people and members of our parish, are active in the diocese and are invited to participate at any level in the ministry of our larger church.

My first experience serving the church at a diocesan level was with the Daughters of the King. I served three years as the first Vice President for the diocesan DOK and then three years as President. In those six years I met many wonderful people and had opportunity after opportunity to participate in fellowship and worship at many of

the parishes in our diocese. What I found was that the Atlanta Diocese has many gifted and talented lay people and clergy who are knowledgeable, dedicated and passionate about this ministry that we call The Church.

The Diocesan Ministry Fair gives us all the opportunity to "come and see" what we are doing as a Church. Workshops will be given on everything from teen trafficking to care of stained glass windows. Booths will be set up to make information available about retreat centers, "fair-market" establishments, Christian Education topics and much more.

If you have ever wondered what "the diocese" is or what "it" does, come and see on Saturday, February 28 at the Cathedral of St. Philip. For information about workshops and registration, go to [www.episcopalatlanta.org](http://www.episcopalatlanta.org) or look for a brochure on the St. Catherine's information table or talk to Fr. Jim, Fr. Susan, Deacon Kathy or Linda Scott.

*Kathy+*

## Prayers of the People

### For the Sick

Sharon Parisi, Lillian Vu, Cindy Alexander, Marilyn May, Tom Carter, Agnes Floyd, Glenda King, Tracey, Zanny Dillson, Doug Simmons, Hugh Wolfe, Joan Nixon, Kelly Wilson, Susan Stanton, Diane Pitts, Russell Peters, Mac Fidler, Mary Anne Chavala, Linda Butts, Pia Johanson, Kathy Backlund, The Rev. Patty Roberts, Tim Gale, Renita Mozley, Sandy, Christel Sandbrink, Helmut Sandbrink, The Pierce Family, Ben, Presley Shrader, Dottie Simmons, Sylvia Franks, Jim Tindall, Izzy Carlton, Anthony Scott Hobbs, David Bowman, Mrs. McLemore

### Before Surgery

Norma Alexander, 3/17/09

### Deceased

Stanley Carlton, Susan Cromer's uncle-in-law; Annette Beldin, friend of Scott & Stephanie Burkholder & Susan Jenkins; Sue Cantrell, Margaret Caudle's aunt

### Parish Cycle of Prayer

**(2/22/09)** Jim & Nancy Mattox; Al, Karen, Katherine & Paul Maxwell, Claire Chironi; Marilyn May; Eddie, Anna, & Abigail McCoy; Will, Suzanne, Jake & Bradley McGhee

**(3/1/09)** Walt, Gail & Scott McGill; David & Emilie McLaughlin, Martin & Katja

Michael, Karoline & Michael-Ryan Fendley; Eric, Christina, Jackson, Annelise & Madeline Miller

### Birthdays

(2/24) The Rev. Bill Magill, Natalie Whitlow, Ian Phillipotts; (2/25) Emily Dillson, Roy Johnson; (2/26) Nate Thompson; (2/27) Will Korwan; (2/28) John Mathews, Ben Shushan; (3/1) Bryce Edwards; (3/2) Charlie Zimmerman, Millie Fey, Martin Michael; (3/3) Gary Parker, Elizabeth Lopez; (3/4) Mit FitzSimons, Ethan Cook, Becky Riney, Stephen Lee; (3/8) Travis Rader, Jessica Pierce, Jane Bird, Keith Dumke, Annie Rai, Jim Nixon (father), Rachel Hutton

## Margaritas and Mardi Gras

### Monday, February 23

Father Jim invites all single/engaged/married young adults without children, who are in their 20's and 30's to join him for Margaritas and Mardi Gras at Tijuana Joe's Mexican restaurant on Monday, February 23, 6:30-9:00pm. Father Jim will buy your beverages and you buy your dinner. He wants to get to know you, help you get to know one another, and wants to ask how St. Catherine's can best serve you. Tijuana Joe's is at 690 Johnson Ferry Rd, Marietta, GA 30068. For information please call Father Jim at 770-971-2839 or [fatherjim@bellsouth.net](mailto:fatherjim@bellsouth.net).

## Young Families Bowling Date

### Sunday, March 1, 3:30 PM at Brunswick Bowl on Delk Road:

We hope that you will come out with your family for some fun. Cost is \$8.95 per person and includes two games of bowling and shoes. No RSVP needed. For information contact Lisa Spessard [lnspessard@yahoo.com](mailto:lnspessard@yahoo.com), Molly Banko [mdbanko@comcast.net](mailto:mdbanko@comcast.net), or Jenny Gale [jgale@powersferrypsychology.com](mailto:jgale@powersferrypsychology.com).



## Journey Through Lent

### Wednesday Evening Lenten Series – “Travel Pilgrimage: Seeking God in the Journey”

This year's Lenten series presentations will be members of St. Catherine's sharing their pilgrimage experiences. A pilgrimage is a journey to a holy place associated with an encounter with God, a deep inward wandering, a spiritual journey of the human heart to the heart of the sacred.

Join us Wednesdays March 4 through April 1. The evening begins with supper at 5:45 pm, followed by speakers at 6:30 pm and concludes with a Taize evensong at 7:30pm. Be sure to sign up for supper each week in your bulletin or by calling the church office by 5 PM Tuesday. Those sharing their pilgrimage will be:

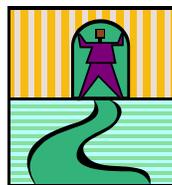
- *Mar. 4: Israel*– Tom & Marilyn Hunter
- *Mar. 11: Italy*– Sally Paris & youth team
- *Mar. 18: Ireland and Iona*– Susan Johnson+
- *Mar. 25: Camino Santiago de Compostella*– Deacon Kathy Holman+
- *April 1: Egypt*– Jim Nixon+

### Lenten Morning Eucharist and Study begins March 3

Our Lenten Eucharist and Study will meet Tuesday mornings, Mar. 3 through April 7, at 7:00 am. We meet for a quiet and brief Eucharist followed by a study. We're done by 8:00 and on to the day's demands. We will use a small book by Reisman Kimberl, “Following At A Distance: A Lenten Study for Adults” as our text for study. The book is inexpensive (\$5 or less) so you are encouraged to purchase a copy. In the meantime set your alarm to join us.

### Lenten Resources

Our annual booklet of reflections on the season of Lent, “Psalms, Reflections, Dialogue,” written by our own St. Catherine's parishioners, will be available starting on Ash Wednesday. The Reflection of the Day (and the whole booklet) will be available on our website as well at [www.stcatherines.org](http://www.stcatherines.org).



### Our Liturgies during Lent

• **First Sunday in Lent: The Great Litany** – On the first Sunday of Lent, March 1, at both our 8:45 & 11:15 services, we will sing the Great Litany. The Great Litany is an intercessory prayer including various petitions sung by the priests, with fixed responses by the congregation.

• **Additional Sundays in Lent: Rite 1 / Rite 2** – During the rest of Lent the 7:30 and 11:15 worship will use Rite I rather than Rite II. The easiest distinction we might draw between the two is that Rite I uses traditional language (*thee, thou, thy*, etc) versus Rite II which uses contemporary language (*he, you, our*, etc.). There is nothing to suggest that a Rite I liturgy is more "holy" than a Rite II liturgy, it is just a matter of preference and/or a desire to reflect the rich heritage and diversity of the BCP. We hope you will be introduced to the rich diversity of our liturgy and that you will find some new dimension of your faith enriched.

## Rice Bowls Outreach

**Fact:** There are nearly 144 million orphans worldwide.

**Fact:** Malnutrition plays a part in more than ½ all child deaths.

**Fact:** Nearly one in four people live on less than \$1 per day.

**Fact:** You and your family can help with CHANGE.

Help make a difference in the lives of millions of kids, made vulnerable by HIV/AIDS, poverty, and other circumstances. **Beginning Sunday, March 1**, pick up a plastic “rice bowl” in the church foyer. Use it to collect your spare change to make a difference in the lives of these children. Filled bowls are due back to the church the week after Easter (April 11). Questions? For more information call Ash & Jenny Gale @ 770.579.0657.

...Let us not Love with Words or Tongue  
but with Actions & in Truth...



**This week at St. Catherine's**

Monday, 2/23

*Susan's Day Off*

6:30PM

ESL

6:30PM

Margaritas &amp; Mardi Gras@

Tijuana Joe's

7:30PM

Boy Scout Troop 713

Tuesday, 2/24

10:00AM Morning Prayer

10:30AM

Staff Meeting

4:00PM

Catechesis

5:00PM

Shrove Tuesday

5:30PM

Adult Ed

6:30PM

PA &amp; F

6:30PM

Lent Rehearsal

7:00PM

Jubilate

Wednesday, 2/25

7:00AM Ash Wednesday Svc

9:30AM

Bible Study

12:00PM

Ash Wednesday Svc

7:30PM

Ash Wednesday Svc

Thursday, 2/26

11:00AM

ESL

6:30PM

EFM

7:00PM

Men's Bible Study

7:00PM

DOK,

7:00PM

Career Ministry

Friday, 2/27

*Jim's Day Off*

10:00AM

Women's Bible Study

8:00PM

A.A.

Saturday, 2/28

Diocesan Ministry Fair @  
Cathedral

6:00PM

Elizabeth Inn

Sunday, 3/1

Hunger Walk @

Turner Field

7:30AM

Holy Eucharist

8:00AM

Breakfast

8:45AM

Family Holy Eucharist

10:00AM

Church School

10:00AM

Confirmation Class

10:00AM

Inquirer's Class

11:15AM

Choral Eucharist

5:00PM

Youth Group,

5:00PM

Cont. Prayer

## Financial Freedom Ministry



A new ministry is in formation at St. Catherine's to provide programs and resources that allow individuals and families to accomplish financial freedom in order to claim all of God's blessings for them. Phase I of this ministry will be to offer four one-hour classes taught by Consumer Credit Counseling Service of Greater Atlanta (CCCS) during April and May. These classes will be offered cost-free under an existing grant. The classes we are planning to offer are focused on providing training and skills to get out of debt and achieve Financial Freedom by taking control of your finances.

We would like to get an idea of who might be interested in participating. Please check the Opportunities for Ministry in your bulletin or contact the church office. The classes include:

**1. How Do I Get Out of Debt?** - This class will teach you that paying off debts gives you freedom and flexibility to do what you want. You will learn how to prevent spending your future, how to pay off charges quickly, and how to build a workable plan

to pay off your debts.

**2. Financial Success Starts Here** - Participants will learn to achieve financial balance and economic freedom. Topics include setting financial goals, creating a spending plan, tracking expenses, and developing healthy financial habits.

**3. Where Do I Want To Be in Five Years?** - This course will help you identify and commit to goals that inspire you to make the right choices. You will learn to start with your ending goal in mind, write down your goals, and build a plan to get there.

**4. Recruit Your Family** - You will hear the story of how one woman was able to inspire her family to get out of debt. Hearing this story will inspire you and teach you to implement the strategies this family implemented to get out of debt much faster than they ever expected.

This ministry is in early formation and includes families of St. Catherine's who have been in debt and have or are in the process of achieving Financial Freedom. If you are interested in being part of the formation of this ministry, contact Father Jim for further information.

By Peter Morich

## Bible Study

### Join us Wednesday mornings

Our Wednesday morning Bible study is a great group of folks who gather for coffee, Scripture study and reflection and conversation. We look through the eyes of Scripture into our own lives and experience in order to determine how God is leading us into new places in our life. Everyone is invited especially you! We meet in the Library beginning at 9:30 and finish at 11:00 am. We are just beginning to study the Apostle Paul's letters to the Galatians, Ephesians, Philippians, and Colossians. We invite you to come and join us.

By Father Jim+



## CareCalendar



Sonshine Ministry and Cats On Wheels have begun to make use of CareCalendars for certain parishioners needing personal assistance. CareCalendar is a web-based system which organizes meals, transportation and other help for families during a time of illness, life-changing event such as births or deaths, or long term situations for homebound and caregiver respite needs. For our current CareCalendars, go to [www.CareCalendar.org](http://www.CareCalendar.org) and enter the codes

Sonshine Ministry is our committee which organizes providing meals to parishioners who arrive home from the hospital or face other emergencies such as death in the family or loss of job. If you'd like to join them in serving our parish members in need, please contact Chair Amy Morris.

### This week at St. Catherine's

- Monday, 3/2  
*Susan's Day Off*  
 6:30PM Men's Book Study  
 6:30PM ESL  
 7:30PM B.S. Troop 713
- Tuesday, 3/3  
 7:00AM Lenten Eucharist/Study  
 10:00AM Morning Prayer  
 10:30AM Staff Meeting  
 4:00PM Catechesis  
 7:00PM Ministry Team Quarterly  
 7:00PM Jubilate
- Wednesday, 3/4  
 9:30AM Bible Study  
 12:00PM CN&D  
 5:45PM WNL-Dinner  
 6:15PM Youth Choir  
 6:30PM WNL-Programs  
 7:30PM Adult Choir  
 7:30PM Taize Worship
- Thursday, 3/5  
 11:00AM ESL  
 6:30PM EFM  
 7:00PM Men's Bible Study
- Friday, 3/6  
*Jim's Day Off*  
 6th-8th Women's Retreat  
 10:00AM Women's Bible Study  
 8:00PM A.A.
- Saturday, 3/7  
 7th-8th Urban Plunge @  
 Emmaus House  
 8:30AM Stephen Leaders  
 9:00AM Jubilate  
 10:00AM Peer Supervision
- Sunday, 3/8  
 7:30AM Holy Eucharist  
 8:00AM Breakfast  
 8:45AM Family Holy Eucharist/  
 Jubilate  
 10:00AM Church School  
 10:00AM Confirmation Class  
 10:00AM Inquirer's Class  
 11:15AM Choral Holy Eucharist  
 2:00PM Catechesis  
 5:00PM Youth Group  
 5:00PM Contemplative Prayer

**DAYLIGHT SAVINGS TIME**  
 Spring FORWARD March 8

## Vestry Retreat 2009

A week ago, members of your St. Catherine's Vestry gathered in North Georgia to talk about our life together for the upcoming year. Looking back on this special time, the word that comes to mind to describe the ideas, thoughts, and feelings that were shared is *Optimism*. Even in the uncertain economic times the United States is facing, the optimism that your Vestry has for St. Catherine's in the coming year is strong.

We are certain that this is the year for our *Time and Talent* to shine through. Even with a slightly smaller budget, we feel confident that we can thrive and even grow in 2009. The decreases in some areas of the budget will certainly be felt, but we have other resources at our disposal, and the new programs that we discussed implementing don't need additional money to get started. We took significant time to talk about the opportunities and challenges that face us this year based on the comments that were taken directly from the round-table discussions during the Annual Meeting in January. We were pleased to see that there are many opportunities for us to make a difference this year in direct response to these comments. The newly developed Career Ministry is one example.

One of the most promising things we discussed is an exciting new ministry called *The Ministry of Invitation*. As I write this, the team is meeting to develop a mission statement, program goals and a method of recruiting and training volunteers or "shepherds" that will help us welcome and connect with new members of our congregation. This team has been working for about a year to get this new ministry going and we were excited at the retreat to see how much had been developed. You will be hearing details about it very soon.

This is my third year on Vestry, and I cannot express in words just how special this group of volunteers is. I am proud and honored to serve with them and feel so blessed that we have such dedicated people involved at St. Catherine's. As we begin to implement and publicize some of these new programs and offerings, my hope is that you will prayerfully consider getting involved. *Optimism is contagious.*

By Lisa Spessard

## Elizabeth Inn



### Help needed with the Elizabeth Inn for 2009

Connie and I are asking for help with coordinating the meals and volunteers for the 28th of every month to serve the homeless guests of The Elizabeth Inn at MUST ministries, [www.mustministries.org](http://www.mustministries.org). We currently have the months of March and December covered by Saint Catherine's youth groups. Please prayerfully consider organizing a month in 2009.

Saint Catherine's is committed to provide dinner and overnight volunteers for the 28th of each month. **The next date is Saturday, Feb. 28.** If you, your family, your Sunday school class, your Foyers group, or any other group can help out by taking a month, please let us know. Connie and I will be happy to assist with the details for serving dinner. Fred Massey coordinates the overnight volunteers and will provide instructions for that part of the ministry. Serving the guests of the Elizabeth Inn, by serving dinner or spending the night helping with laundry, are both very rewarding experiences.

With thanksgiving,  
 Tracy Buckalew and Connie Bergeron

*"Give to those in need. Provide for yourselves a treasure that will not fail. For where your treasure is, there your heart will be also."* — Luke 12:32-34

## Get your Wheel online/by mail



St. Catherine's newsletter, *The Wheel*, is published in two issues per month: an issue in print mailed to all parish members, and an issue in electronic form sent by email to all on our "Parish Announcements" news list. Also, all issues are posted on our website. If you would prefer to receive all your issues by email and NOT to receive a printed copy, please check the Opportunities For Ministry form in your bulletin or contact the church office (be sure to provide your current email address).

## Episcopalian 101

An Inquirer's Class will be offered for all adults interested in being baptized, confirmed, received or reaffirmed in the Episcopal Church, or anyone who just wants to know more about the Episcopal Church. Class. The class begins Sunday, March 1 at 10am and will meet during the Church School hour each Sunday (except Palm Sunday and Easter Sunday) through May 17. For those interested, confirmation is at The Cathedral of St. Philip on Sunday, May 31, at 4:00 PM.



## Congrats, Teacher!

*Congratulations to our Director of Music, Brian Williams, who is this month's Teacher of the Month at Lassiter High School. Great job, Brian!*

## Ministry Focus: Youth

This month we celebrate the life and work of our Youth ministries. To find out more about their activities please check the Opportunities for Ministry in your bulletin or contact Youth Director Amelia Arthur.

## St. Catherine's Cross 2009



*The St. Catherine's Cross is a tradition since 1985 and is given in recognition of outstanding leadership and contribution to our life as a commu-*

*nity. It was designed by Dean Motter, son of Roger and Eileen Motter. It is awarded by the Rector with the consent and advice of the Executive Committee of the Vestry. Father Jim presented the 2009 award to at the Annual Meeting on January 25:*

When I think of the list of St. Catherine's Cross recipients in the Annual Report I imagine it will difficult to put only one word to describe Tom was awarded it. I took a look at some of the reasons others have received the cross: Senior Warden, Mentoring, Finance, Stewardship, Pastoral Care and volunteer Parish Secretary.

I've worked closely with Tom Hunter since arriving at St. Catherine's 10½ years ago. We've worked side by side as Stephen Leaders and I've seen and experienced his passion for a ministry that has meant so much to him – not just in leading it but in receiving and savoring its benefits.

The joy in this presentation is that Stephen Ministry is but one of Tom's passions in this congregation. Never more

than these past few months has Tom's leadership in the area of finance meant so much to me and to you, although you may not have known that. Tom has faced our budget situation with unfailing confidence and hope for the future. And that is just one contribution.

Tom, as many of you know, retired earlier this year. As a result he's thrown himself headlong into our day to day ministry. He's willingly taken on the rollout of the new lay ministry scheduling system and with patience and unfailing conviction for the program rolled it out as he's fielded questions and concerns with a diplomacy that is worthy of work in the Middle East.

Personally my friendship with Tom has been important to me. I admire Tom for his ability to face any situation with a coolness that I find calming and supportive. I depend on Tom to look at a situation and help me chart a course that not only confronts the problem but does so in a way where we all come away winners. In many ways I find that our skills and our ministries compliment each other in this area.

Tom Hunter is a person who knows what has to be done and he goes about doing it. Maybe the word we should use to describe his being awarded the cross is "steadfast." He is not afraid to give of himself no matter the task – big or small. In the words of Hazel Glover, Tom is willing to show up, pay attention, and listen. I am delighted and honored to present the 50th St. Catherine's Cross to Mr. Tom Hunter.

## CONGREGATIONAL NURSES CORNER

### Exercise for those with Diabetes

- **When you're ready to exercise, start slowly.** Work your way up to 30 minutes of moderate-intensity exercise most days of the week.
- **Monitor blood sugar:** Check your blood sugar before, during and after exercise – especially if you take insulin or medications that can cause low blood sugar. Carry glucose tablets or hard candy in case it drops too low or you feel shaky, nervous or confused.
- **Pay attention to your feet:** Wear smooth-fitting socks and comfortable athletic shoes. Examine your feet before and after exercise for signs of potential damage.

- **Drink up:** Drink plenty of fluids while you exercise. Dehydration can increase your blood sugar. If you exercise for more than an hour, drink carbohydrate-containing beverages rather than plain water.

- **Identify yourself:** Wear a diabetes identification bracelet or shoe tag while exercising, in case of an emergency.
- **Know when to stop:** If you experience any warning signs—severe shortness of breath, dizziness, faintness, nausea, chest pain, heart palpitations, pain in an arm or in your jaw— stop exercising. If you don't feel better within 15 minutes, seek immediate medical help.

—Source: Mayo Clinic



## Flowers and Candles



Thank to everyone who has signed up to provide flowers and candles to adorn our sanctuary during 2009. We want to take this time to remind those who might not yet have signed up but want to that we invite you to go together with friends and family to sponsor a vase of flowers. The sponsorship for candles or vases of flowers is NOT limited to one person or family. If you've already signed up please remember to submit a check for flowers (\$60/vase) and candles (\$20) on or before your scheduled flowers/candles. Again, thank you for your generosity.

## Women's Retreat

Thank you to all who have sign up for the Women's Retreat on March 6 - 8 at Amicalola Falls Lodge in north Georgia. If you were not able to sign up with a deposit by February 1, we have begun a waiting list. For information please contact Ginny Lummus, [gslummus@tgmail.com](mailto:gslummus@tgmail.com).

## Vestry Notes

*From the Vestry meeting on February 17:*

- The new Career Ministry started off with a bang on February 12. Sixty-two people attended!
- A new Financial Freedom Ministry is being developed currently and hopes to begin in April or May, look for information in this issue of The Wheel.
- Hunger Walk is coming soon. On Sunday, March 1 we will go as a group and walk together. If you wish to walk or just donate please check the box for ECF (Episcopal Charities Foundation) as the benefiting organization on the form.

## *Want to get closer to the one you love?*

You can do that on an Episcopal Marriage Encounter weekend! Marriage Encounter is 44 hours where married couples can get away from jobs, kids, chores, and phones - and focus only on each other. If you'd like greater depth, growth, and enrichment in your relationship, you'll like the difference a Marriage Encounter weekend can make! The next weekend is **April 24-26**. Registration is limited so a quick response is encouraged. For information or to register, please contact: Ron & Connie Bergeron, 770-951-1411, [atlantaeme@earthlink.net](mailto:atlantaeme@earthlink.net) or [www.stcatherines.org/atlantaeme](http://www.stcatherines.org/atlantaeme).

## Cursillo Weekend

Cursillo is not for everyone, but those who feel led to participate often experience a closer, more meaningful, relationship with their Creator and others. If you have a personal relationship with Jesus Christ, but you seek a more integrated daily Christian experience, then you may find participation in Cursillo worthwhile. The next Cursillo weekend will be **April 23 -26** and is \$150.00. Scholarships are available. You can check our web page at <http://www.aecc.us/>, contact Carla von Hoffmann at [cvhbuggie@aol.com](mailto:cvhbuggie@aol.com), 404-213-7408, or talk with Fr. Jim, for additional information. Pamphlets about Cursillo are in the foyer. Deadline for registration is April 10.

## Letters



We want to thank each and every person who has supported us through these difficult times and especially for those who have done so through the Care Calendar. We have experienced first hand the love and compassion this congregation shows to those in need. It's time now for us to transition away from the Care Calendar not because we have no needs—certainly as human beings we'll always have needs—but because we are now able to move on having been supported and nurtured by your support. We hope that the use of the Care Calendar has made this tool more available to others in the congregation who have and will have the need of your love and support. Thanks to each of you! And thanks to Amy Morris who was willing to give us her blessing to venture into new territory in scheduling and providing wonderful Sunshine meals to us and other members of St. Catherine's. We are grateful to God for his healing power expressed through you and through all those who have cared for both of us.

*Jim Nixon*

Dear members of St Catherine's,

I want to thank each of you from the bottom of my heart for all the love, support, cards, prayers, phone calls, meals, visits, transportation, excursions, furniture moving and rearranging, ramp building, books and magazines, well wishes and all the other various ways you've supported Jim and me through my injury and recovery. I thank God daily for you and all the things you've done, and prayers offered for my recovery. It really means so much more than you know. Your support has kept us buoyed during the tough times and been a real joy to us during the more fun times. I'm proud to say that - with all your help and support - I'm making significant progress in my recovery and see signs of continued progress on a daily basis. My physical therapist and my doctor continue to be well pleased with my progress as well. I never want to be in this situation again and won't wish it on anyone, but I can truly testify that St Catherine is a wonderful and loving community. Thank you! In God's love,

*Joan Nixon*



ST. CATHERINE'S EPISCOPAL CHURCH  
571 Holt Road  
Marietta, GA 30068  
Phone: 770.971.2839  
Email: [stcats@bellsouth.net](mailto:stcats@bellsouth.net)

NON-PROFIT ORG  
U.S. POSTAGE PAID  
PERMIT NO. 58  
MARIETTA, GA  
30060



## Mark Your Calendars

- 2/23 .... Margaritas & Mardi Gras
- 2/24 .... Shrove Tuesday  
Pancake Supper
- 2/25 .... Ash Wednesday
- 2/28 .... Diocesan Ministry Fair:  
Elizabeth Inn
- 3/1 .... Hunger Walk; Inquirer's  
Class begins;  
YF Bowling
- 3/4, 11 .... Evening Lent Series
- 3/6-8 .... Women's Retreat

## *The Wheel*

Next Publications:  
Mar. 6, 20, Apr. 3  
Deadline for articles:  
Wednesday before

Editor: Karen Manno  
Email:

[KAREN@STCATHERINES.ORG](mailto:KAREN@STCATHERINES.ORG)  
Phone: 770-973-8668

## St. Catherine's Career Ministry!



Our new Career Ministry program got off to a great start on February 12 with Jay Litton speaking on "The wwWow! Interview." Our next session will be **Thursday, February 26, 7:00 PM - 9:00 PM** in the Parish Hall. Our guest speaker will be **Ruthie Powell on "The Ruthie List Theory & Many Common Mistakes Made by Job Seekers."**

Ruthie Powell has been recruiting for over 20 years as well as served in all levels of Human Resources. This wealth of experience has helped her to have a broad range of knowledge about many aspects of corporate America and "what they are looking for" in the candidates they consider. She is currently serving as Senior Recruiter for Travelers Insurance, specializing in recruiting for IT/Technical as well as Human Resources throughout the United States. Although she recruits for a living, she is most "famous" for her Ruthie List! The Ruthie List is a 12 year old list of OVER 7,000 members, made up of ONLY Recruiters and Human Resources professionals working primarily in Atlanta. The FREE list is used to post open positions and keeps the Human Resources and

Recruiting community informed about professional meetings. Her belief is that the true meaning of life is "You can get anything in life you want if you'll just help enough other people get what they want."

After Ruthie's talk we will divide up into small groups for sharing, support, and networking, as well as offer an opportunity for participants to explore other resources.

Mark your calendar for the following future program dates:

- **March 12, 26**
- **April 16, 30**
- **May 14**

You can attend them all, or come as you wish. These sessions are open to all St. Catherine's adult parishioners; friends, neighbors, and extended family members! Future topics will include: Communication Skills, Creating a Brand, Networking, Online Tools, Resume Writing, Dealing with Rejection, Getting the Offer. If you have any questions, or suggestions, please contact St. Catherine's new Career Ministry Team: Bill Holman, Tom Hunter, Hans Kraeger, Jennifer Massey, Bruce Perry, Margaret Shaw.

*By Jennifer Massey*