

The Wheel

Today's Gifts... Tomorrow's Hope

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• **What is Stewardship?** Stewardship is giving of our time, talent, and treasure to the Church. We "do" stewardship because God first loved us and stewardship is our response to that love. Giving our time, talent, and treasure is a manifestation of love for God and a desire to say thank you, in a journey of becoming more aware of God's abundance in our life.

• **How do pledges affect our budget?** St. Catherine's does not ask people to pledge to a budget: rather, we create the budget after receiving the pledges for the year. The bottom line: while pledges and plate offerings are appreciated equally, pledges allow the Finance Committee and Vestry to effectively budget for the coming year.

• **How does budget affect our ministries?** Many are aware that budget for our ministries was greatly reduced in the past year. Much of our income must go to our fixed expenses such as building maintenance, utilities, salaries and benefits, debt service, etc. As a result budget for our ministries had to be reduced from 11% of expenditures in 2008 to just 3% in 2009. While many of our ministries achieved great success in 2009, we were sad to not be able to build a Habitat House for the first time in 15 years; to reduce our support to MUST just at the time when it is so greatly needed; and many more of our programs were not able to operate at previous levels.

• **Here's our goals for 2010:**

1) **If you pledged last year**, we respectfully ask that you consider increasing your pledge by 5% for the coming year.

2) **If you have not pledged in the past**, we ask that you consider a pledge for 2010.

• **Pledge Ingathering is Sunday, Nov. 8**

If you were unable to attend a cottage meeting in October, you will receive your pledge card in the mail. Please prayerfully consider your pledge of time, talent, and treasure in thanks for God's abundance. We will be glad to accept your card any time during November, simply return it in the collection plate or to the church office.

We are all intensely aware of the economic impacts which have affected everyone in our community. Know that regardless of the ability of anyone to make or keep up a stewardship commitment to the parish, all will be met first and foremost with love and a desire to serve you. We trust God to be faithful and that he will journey with us through year-round Stewardship.

FALL MEMORIAL SERVICE



Sunday, Nov. 1, 5:00 PM

Everyone in the congregation is invited to join us at our Holy Eucharist and Memorial Service to remember and celebrate friends and family who have passed away during the past six months. Please join us for this moving service to offer support and love to those who grieve. *Information about a loved one to be included in this service is due by Sunday, Oct. 25 to Karen Manno at karen@stcatherines.org.*

A reception will follow in the Parish Hall. Your donation of finger foods for the reception is greatly appreciated. Please bring them (prepared and ready to serve) to the kitchen prior to the service. Volunteers also needed for set up, serve and clean up.

The people of St. Catherine's seek to share in the love that Jesus Christ has for us and the world by welcoming, accepting, nurturing, and serving all people through the power of the Holy Spirit.

We Welcome You!

Flu shots



Flu shots will be administered by our Registered Nurses from WellStar Corporate & Community Health after services on October 18 and 25 in the copier workroom. This is the regular seasonal flu immunization, not the H1N1 vaccine. The cost will be \$25.00, or regular Medicare Part B, (please bring a copy of your Medicare card). In order to receive the vaccine, you MUST be at least 18 years of age, not be pregnant, and not be allergic to latex, eggs or egg products. You will be asked to remain in the area for 15 minutes after receiving the vaccine to ensure your safety.

Holy Baptism

**Next dates:
Nov. 1, Jan. 10**

Please check with the office for more information and to request the customary booklet about Holy Baptism.

How many slices of cheese?

Tonight [October 14] was our sandwich making for MUST Ministries, Inc. It was our Wednesday Night Live program for the evening. We made in some 45 minutes 500 to 600 sandwiches, packed them in zip lock bags, placed them in boxes and bags and stored them in the refrigerator to be delivered tomorrow. They will be used to feed the guests of the food pantry tomorrow as they visit MUST to get food for their families. We finished by praying over the sandwiches, blessing both them and the many hands that made light work.

It was so much fun to see the youngest member to the mature member gather around tables to make the sandwiches. Each table had its own system and special

guests. A lot of "meat and cheese trading" went on as the supplies dwindled from the early part of the evening. There was laughter and chatter and everyone chipped in to make it all work. We are so grateful to everyone who willingly donated our supplies for the evening. Tomorrow a family will eat a sandwich because of your generosity.

In a time when our country is gripped by fear, uncertainty, and division it was good to be the church tonight. Pass the cheese please!

To learn more about the work of MUST Ministries and how you can get involved go to www.mustministries.org.

Prayers of the People

For the Sick

Sharon Parisi, Lillian Vu, Tom Carter, Glenda King, Pia Johanson, The Rev. Patty Roberts, Marion Stevensky, Olivia Martin, Carol Crosslin, Hugh Wolfe, Steve Diffley, Eddie Brewer, Kitty Diffley, Anita Gardner, Margie Cook, Don Thomas, Stephanie Walsh, Pat M., Bill Krupp, Betty Kaspereit, Gin Snead, Tammy Osborn, Elizabeth White, Merril King, Evan Walker, for the Sarotte family, Michele Moody, Ryan, Bill Steckenrider, Crissy Bayless, John Pennington, Dianne Blackshear-Wood, Jacqueline, Madeline Caudle, Dick Kareken, Doris Lummus, Toni Curry, Jane Smith, Marshall Jones, Peter, Elizabeth, John, Janis Oxford

Before Surgery

Jay Hendricks, 10/20/2009; Sarah Wayne Rice, 10/26/2009, Nancy Denton's sister; Joan Thurston, 11/4/2009; Cozette Tanner, 11/09/2009, friend of Bill Ivey.

Deceased

Harry Beswick, Barbara Perry's father

Parish Cycle of Prayer

(10/25) Dr. Gaston DeLemos; Beverly & Jimmy Denney; Ken, Nancy, Sarah & Julia Denton; Rod Deutscher, Carla von Hoffmann, Nathan Sluss, Kevin Sluss; Rebecca, Michael & Riley Devault

Birthdays

(10/20) Kevin Acocella, David Moore, Annelise Miller, Madeline Miller, Amelie Cardona; (10/21) Woodie Patrick, Charlotte Fox; (10/22) Bruce Jones, Gaston DeLemos; (10/23) Holly Krupp; (10/24) Ginny Acocella; (10/25) Anna McCoy; (10/26) Oak Martin, Davis Champion; (10/27) Preston Paris, Devon Durbrow, Alex Shillington; (10/28) Doug Jenkins; (10/29) Susan Bayless, Sally Paris; (10/30) Alan Massey, Keely Phillpotts, Marilyn Marcus; (10/31) Eileen Motter, Tracy Buckalew, Mitch Dumke, Tom Blackstock, Clarke

Thomas; (11/1) Rachel Childs, Paul Acocella, Clay Buckalew; (11/4) Deana DeLaBarre, Missy Greene; (11/5) Arlyn Cook, Colleen Morich; (11/7) Jerry Scott, Jason Gardiner, Olivia Shillington, Richard Bowers; (11/8) Laurel Glidewell, Melissa Korwan, Harry Tear

Anniversaries

(10/22) Tom & Maureen Donoghue; (10/23) Al & Sue Jones; (10/25) Sue & Jason Snape; (10/28) Terry & Lezlie Degan; (11/6) Steve & Rosemary Wolfe

Special Prayers

Please pray for Pat and Suzanne as they open themselves to find a child to adopt. David Hinshaw & Helena Johnson, out of job, looking for employment, friends of Bill Ivey. Jim Hunkler, looking for employment.

Transfer In

Jodi & Wayne Gammon, Church of the Nativity, Raleigh, North Carolina

All Saints' remembrances

due by Oct. 25

On All Saints Day, Sunday, November 1, we would like to remember at the altar those people in your life who you have lost, whether last week or 25 years ago. Please also share with us the names of those who grace your life in the here and now. Please write the names on the Opportunity for Ministry flyer in your bulletin or contact the church office by Sunday, October 25.

Kitchen Use Reminders

The kitchen is used by many different groups throughout the week. After using the kitchen, **please make certain that you remove all left over food and wipe off all of the tables in the Parish Hall before you leave.** If everyone cleans up after themselves, the kitchen will always be ready for the next group. Thank you! — Parish Life and Fellowship Ministry Team



Time for Vestry Nominations



Nominations due by November 8

Are you interested in serving as a member of the Vestry? Do you know someone you think would be a good Vestry member? You can nominate yourself or someone else (with their permission). Vestry candidates must be a member in good standing of the parish. A list of eligible members will be available at church.

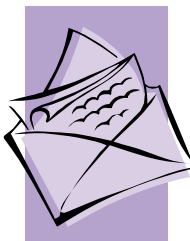
This year we will elect four new vestry members for the usual term of three years. Nomination forms are available on our website www.stcatherines.org/forms/vestry-nomination.pdf or at church. Please fill out the form and return it to the church office by Sunday, November 8. The slate of candidates will be announced at the start of December. Elections will be at all services on December 13.

Serving on the Vestry is a rewarding ministry that helps one see how the church can make a difference in people's lives. Contact Senior Warden Ginny Lummus or any Vestry member for questions or nominations.

New Remembrance Ministry

We have begun a Remembrance Ministry at St. Catherine's, similar to our Birthday Card Ministry. A card signed by our staff will be mailed to parishioners in remembrance of loved ones they have lost in their immediate family on the anniversary of their death.

If you would like your loved ones remembered (immediate family) please complete the Opportunities for Ministry in your bulletin or contact Robbie Roy, robberroy@gmail.com, with your name, loved one's name, relationship to you, and date of death.



"Understanding Christian Spirituality"

A shift in the wind ... Due to popular demand, the advisory committee of The Coracle has decided to offer "Understanding Christian Spirituality" in an abbreviated format beginning in January.

The program will meet from 9 to 12 noon on the second Saturday of January through May. Program cost is \$100 plus books. A \$25 deposit is required to hold your place and will be applicable to the program fee. Topics to be explored are: An Introduction to Christian Spirituality, Image of God, Prayer, Rule of Life, and Native American and Celtic Spirituality. For more information contact Deacon Kathy, kdh53@bellsouth.net.

Grief group:

"Making It Through the Holidays"

It is often difficult for people who have lost a loved one through death to cope with the holiday season. This group will provide a safe place for people to share their journey. The group will meet Tuesdays, November 3, 10, 17 and December 1 and 8, 6:30 PM to 8 PM in the Parlor. Led by Gail McGill, MDiv, Bereavement Coordinator for VistaCare Hospice. Please sign up on the Opportunities For Ministry in your bulletin or contact Gail, 678-581-1115.

Crafters, Artists, Vendors wanted



St. Cat's Youth will hold the annual Secret Santa Shop and Craft Sale on Saturday, December 12. As children ages 3-11 find gifts for their loved ones, adults will enjoy breakfast and time to shop our craft sale

Craft/vendor tables are \$50; our annual attendance is 150+. Please pick up an artisan/vendor form in the foyer or contact Lee Ann Sherry at 770-815-5299. All proceeds go to benefit our Youth program.

This week at St. Catherine's

Monday, 10/18

Susan's Day Off

6:30PM Grief Group
7:00PM ESL
7:00PM Kneeler Project
7:30PM B.S. Troop 713

Tuesday, 10/20

10:00AM Morning Prayer
10:30AM Staff Meeting
12:00PM Clericus
4:00PM Catechesis
7:00PM Vestry

Wednesday, 10/21

9:30AM Bible Study
5:00PM WNL Program
5:45PM WNL Dinner
6:15PM Youth Choir
6:30PM WNL Program
6:30PM DOK
7:30PM Adult Choir

Thursday, 10/22

6:30PM EFM
7:00PM Men's Bible Study

Friday, 10/23

Jim's Day Off

23rd-24th Happening Team
10:00AM Women's Bible Study
5:30PM Wedding Rehearsal
8:00PM A.A.

Saturday, 10/24

5:00PM Huey/McClearn Wedding
7:30PM Low Country Boil

Sunday, 10/25

7:30AM Holy Eucharist
8:00AM Breakfast
8:45AM Holy Eucharist
10:00AM Church School
11:15AM Choral Holy Eucharist
12:30PM Burkholder party
4:00PM Lay Reader Meeting
5:30PM Financial Peace

Ministry Focus

This month we celebrate our **Financial Resources** Ministry Team. To find out more please check the Opportunities for Ministry or contact convener Rod Pope.

WNL every week!

Wednesday Night Live (WNL) is in full swing for the fall!

• Early Program — 5:00-5:45

This time is particularly designed for families who wish to arrive before dinner, have programs for both adults and children, share dinner together and get home for early bed times.

• Dinner — 5:45-6:30

Be sure to make reservations weekly in the Opportunities For Ministry in your bulletin or contact the church office by NOON on Tuesday. Join your fellow parishioners for food and fellowship. Prices are \$7 for adults and kids 12 and up, \$3 for kids under 12, \$1 for peanut butter & jelly. \$25 maximum per family.

• Evening Program — 6:30-7:30pm

Programs for all ages: adult, youth, and children!

• WNL help needed

We are looking for volunteers to help out with the WNL children's programs at either of the two times, 5-5:45 or 6:30-7:30. We hope to make this on a rotating basis, once every two months. If you are interested please contact Amelia Arthur at amelia@stcatherines.org.

Stewardship Instruction Day

All Saints Day — November 1

*What is a steward?
What makes me a steward?
What gifts do I have to offer? How can I offer these gifts?
What is my responsibility as a steward?
Am I a steward?*

All services and Church School classes — Catechesis (Young Lambs thru Level III). Youth, and all Adult classes — will coordinate their program discussions around stewardship on November 1. We will have specially designed pledge cards to send home with our youth to allow parents to continue this all important discussion at home.

Operation Christmas Child



**Ingathering:
November 15**

by Jennifer Gale

This Christmas, you and your family can share love and hope with a needy child in a country like Uganda, Honduras, Kosovo, or El Salvador by using a simple shoe box. Operation Christmas Child is an easy project that children and adults alike enjoy participating in by filling a shoe box with small gifts and toiletries. For complete details, watch for Operation Christmas Child brochures in your bulletin and in the foyer. Our goal this year is 200 boxes!

Don't forget to bring your shoe box gift to church on or before Sunday, November 15. For more information, contact Jennifer Gale at 770.579.0657. Information about Operation Christmas Child is available on the Samaritan's Purse website, www.samaritanspurse.org.



Be a Reflections writer

A special annual tradition at St. Catherine's is our booklet of reflections on the seasons of Advent and Christmas written by our own parishioners. The printed booklet is made available at church, and on our website as the "Reflection of the Day."

Won't you consider writing something for this year's collection? You will be assigned a Scripture passage on which to write a brief (1 or 2 paragraphs) meditation. Names are not attributed to individual writings, so only you and the editor will know which one is yours! Still hesitant? You can view last year's booklet to see what other contributions have looked like... go to www.stcatherines.org/reflections/advent-list.htm

Reflections will be due by Sunday, November 8. Many writers are needed! Please sign up now on the Opportunities For Ministry in your bulletin or contact Karen Manno at karen@stcatherines.org. We will be in touch with your assignment.

This week at St. Catherine's

Monday, 10/26

Susan's Day Off

6:30PM Coracle Board
 6:30PM Grief Group
 7:00PM ESL
 7:30PM Boy Scouts Troop 713

Tuesday, 10/27

10:00AM Morning Prayer
 10:30AM Staff Meeting
 4:00PM Catechesis

Wednesday, 10/28

5:30AM MUST Breakfast
 9:30AM Bible Study
 10:00AM Parenting: A Sacred Path
 5:00PM WNL Program
 5:45PM WNL Dinner
 6:15PM Youth Choir
 6:30PM WNL Program
 7:30PM Adult Choir

Thursday, 10/29

11:00AM Preschool Board
 6:30PM EFM
 6:30PM Pumpkin Carving
 7:00PM Men's Bible Study

Friday, 10/30

Jim's Day Off

10:00AM Women's Bible Study
 5:00PM Youth Event
 8:00PM A.A.

Saturday, 10/31

8:30AM Adult Ed Workshop
 8:30AM Boryslak Party
 10:00AM Baptismal Prep

Sunday, 11/1 *All Saints' Day*

7:30AM Holy Eucharist
 8:00AM Breakfast
 8:45AM Family Holy Eucharist
 10:00AM Church School
 11:15AM Choral Holy Eucharist
 3:00PM Financial Peace
 4:00PM Youth Leaders
 5:00PM Memorial Service

Preschool Silent Auction

November 16-20

It is time for St. Cats Preschool's Annual Silent Auction! The auction raises funds to enhance our facility and update our curriculum. We will kick off the event on Monday, Nov. 16 during preschool hours and will conclude at noon on Friday, November 10. Your support of donating goods or services and bidding on items is greatly appreciated! Last year church members helped make our auction a huge success.



The auction will be open every day during preschool hours. Contact Karolyn Olliffe, olliffekarolynw AT hotmail.com for donation details, or call the preschool office at 770-971-2839. We appreciate noti-

fying us of all donations by Thursday, November 5. Thanks for your support!

Flood relief work continues

• **Thank You! Thank You! Thank You!!** to everyone who donated food, new and gently used clothing for the flood victims in Cobb County. We took 2 packed vehicles to MUST and even the volunteers were overwhelmed (and delighted, of course!). If you would like to help with our work with MUST, please contact Nadine Pope at ronaza AT mindspring.com.

• **To keep informed** of plans as they develop for work parties and more in Austell and more local communities, please contact Frederick Massey at f_massey2 AT hotmail.com or call 404.731.4466



Volunteer at Elizabeth Inn

- **Meal volunteers next date: Wednesday, Oct. 28**

St. Catherine's continues to be committed to supplying dinner to the homeless guests at the Elizabeth Inn on the 28th of each month. Please consider coming to "check out" MUST and Elizabeth Inn to see if this Outreach Ministry might be rewarding for you! We have a great time feeding 50-60 at the Inn every month, and we welcome new volunteers to see what it is all about. Please contact Connie Bergeron 770-956-9609 or Tracy Buckalew, 770-956-9609.

- **NEW! Laundry volunteers**

The Elizabeth Inn has initiated a program which no longer requires volunteers to overnight. Under the new program help is now needed for the men's laundry in the evening. Laundry for females and children is now coordinated by the female guests themselves in their new facility downstairs. St. Catherine's has agreed to staff:
 → THIRD TUESDAY of the month, and
 → FIFTH WEDNESDAY of the month (in each month which has one)

Volunteers should plan to arrive by 6 PM and help until done (10-11 PM). If you would like to join the new "laundry team" please contact Fred Massey at either f_massey2 AT hotmail.com or 404.731.4466. This is NOT a men's-only opportunity! Bless you for your continued support of MUST and especially the Elizabeth Inn. – Frederick Massey

St. Cat's Christmas Cards

Packs of 25 St. Catherine's Christmas cards and envelopes are available at the sale price of \$10.00 for 3 packs. The cards feature a beautiful picture of the baptismal font taken by the rector. If you're interested in purchasing cards, please contact Jennifer Massey at 404-375-8327 or jmmassey AT att.blackberry.net.



Looking ahead:

Thanksgiving Eucharist and Dessert Reception

Tuesday evening, November 24 at 7 PM. Please bring your family, your friends and your favorite pie or other dessert to share!



Biltmore trip

Fall is in the air, so let's look ahead to a fun opportunity! Cats on Wheels, our active seniors group, is sponsoring a trip to Asheville December 8-10 to the Biltmore Estate and more. Adults over age 18 are invited, including non-parishioners. Get details from st.cats.on.wheels@gmail.com.

CONGREGATIONAL NURSES CORNER

Final in a series of five articles on alcohol dependency by Nancy Certain, RN:

I wish that these articles were an all-inclusive education piece on alcohol dependence; space does not lend itself to that. Here is a highlight of the messages I wish to convey:

- Alcoholism is a progressive, often fatal disease
- The early stage alcohol dependent person has no idea how his whole system is changing to accommodate alcohol
- When the alcohol dependent person becomes aware of his difficulty with alcohol, he is already addicted and needs professional help

The good news is that with effective intervention and treatment, even the most advanced, deathly ill alcoholic can recover! The human organism has extraordinary abilities to restore or compensate for damaged tissues. The surviving cells can regenerate, poisons can be flushed out, and the body can begin the slow process of healing itself. The alcohol dependent person can recover and be recovered.

There are many different treatment choices for those who desire help. The most famous, of course, is Alcoholics Anonymous. It has helped hundreds of thousands of people. There are also successful programs which are non-12 step based and they build success on anti-craving medications, nutrition, amino acid supplements and therapy. The anti-craving medications reduce or eliminate the cravings for alcohol while the nutritional and amino acid supplements help return the body and brain to a healthy and balanced state so that, eventually, the desire for alcohol dies.

Imagine being free of the agonizing, seductive, self-destructive voice in your head that will go to any length to obtain alcohol. Imagine being clear-headed, happy, alert, joyful, peaceful in a consistently sober state. It's a great place to be; you deserve it. Life is beautiful when you are recovered and sober. If you have additional questions, please contact Nancy Certain, RN.



YOU'RE INVITED

**Sunday, October 25
1:30-3:30 in the Parish Hall**

Dream big dreams! The family of Stephanie Burkholder invites you join us as we celebrate the crowning of Stephanie as "America's National Teenager 2010." We will have a dessert reception as we show the video of the national Pageant in Nashville, Tennessee.

Stephanie will share the opportunities she will experience in the upcoming year as "America's National Teenager" and her "Big Dreams" she hopes to accomplish as she works with the Boys and Girls Club of America in Oxford, Mississippi. Stephanie would like to help the children from the Boys and Girls Club in Oxford enjoy sweet dreams by giving each child a new pair of warm pajamas for the winter. Most of the children are in middle and high school. If you would like to donate a pair of new pajamas, please bring them to the reception.

R.S.V.P. to Susan Jenkins at 770-579-0534.

St. Cat's Yellow Pages



St. Catherine's Yellow Pages is open and we want your entry. The Career Ministry Team is constructing a Yellow Pages Directory to include a listing of any products, services, or businesses parishioners want to share with the church community. Listings can vary from major local businesses such as **printers, realtors, home repairs, book-keeping, decorators, retailers, restaurants, product representatives, etc.** to individual services such as **babysitting, lawn maintenance, and tutoring.**

If you have a product or service to offer, or are affiliated with a company where you are the contact, please complete the form now on our website at www.stcatherines.org/yellow_pages_form.html. Or if you prefer, pick up the form now available in the foyer. This new Directory will be available on our website, updated regularly, and become part of our Welcome Package. For more information please go to the Career Ministry page of our website.

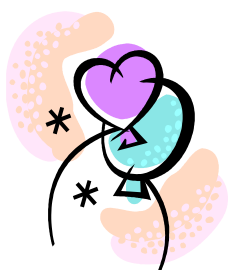
Flowers & Candles reminder

We appreciate all who have signed up to dedicate altar flowers or candles in memory or thanksgiving for a loved one. Please remember to send your payment to the church office soon. Your contributions are very important to keep the beautiful flowers and candles we enjoy each week self-supporting. Flowers are \$60 per vase and candles are \$20.

Save the date!!

February 13 –

Valentine's Dinner Dance!



Diocesan Council '09

Visit from Presiding Bishop Nov. 6-7

Presiding Bishop Katharine Jefferts Schori will make her first official visit to the Diocese of Atlanta for the diocese's 103rd Annual Council on Friday and Saturday, November 6 – 7, at the Cathedral of St. Philip. She will preach and celebrate Holy Communion at 5:30 p.m. Friday at the Cathedral, 2744 Peachtree Road, Atlanta, and the service is open to all. She also will attend a noontime barbecue open to the diocesan community on Saturday on the Cathedral grounds. There will be a charge for the meal, ticket information will available soon on the Diocese website at www.episcopalatlanta.org.

In the community:

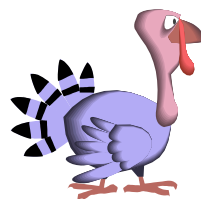
- **Holiday Pops Concert discount tickets extended**

Discount tickets are still available for "A Very Merry Holiday Pops" at Symphony Hall with the Atlanta Symphony and including the Walton and Lassiter High School Chorus led by our own Jana & Brian Williams. Concert is December 18 at 8:00 pm and December 19 at 2:00 and 8:00 pm. Special ticket offer: \$25 Floor Seats, \$18 Second Balcony Seats. To order contact Nellie Cummins at (404) 733-5278 or nellie.cummins@woodruffcenter.org.

- **Faith's Craft Shoppe**

November 14 & 15 at Faith Lutheran Church & School, 2111 Lower Roswell Rd., Marietta Georgia 30068. Unique affordable hand-crafted items – over 25 different vendors – Bake Sale – Food Court – Free admission and parking. For information see the website at faithcraftshoppe.tripod.com or call 770-973-8877.

Gobble Jog Nov. 26



Put your running shoes on – it's not too late to get your friends, family, students and neighbors together and get in shape for the 7th Annual Gobble Jog. This event on the morning of Thanksgiving Day features a 1K, 5K, a 10K run/walk and the Tot Trot (for kids 5 and under). It starts and ends at the Marietta Square. The Gobble Jog is certified as a qualifier for seeding in the Peachtree Road Race and the US 10K Classic. All proceeds benefit MUST Ministries, a faith-based, non-profit organization ministering to the homeless and hurting in our community.

Can't run? Want to support the cause but have to stay home and cook the turkey? Sign up as a "phantom runner" and you'll be mailed your well-deserved race shirt! Plenty of volunteers are also needed to help before, during, and after the event.

Go to www.gobblejog.org for complete information & videos, and find out about all the ways to register online or in person at various locations. There will be plenty of food, beverages, entertainment and awards for all age categories. So, come on out and run wild to benefit MUST Ministries!

Go to www.gobblejog.org for complete information & videos, and find out about all the ways to register online or in person at various locations. There will be plenty of food, beverages, entertainment and awards for all age categories. So, come on out and run wild to benefit MUST Ministries!

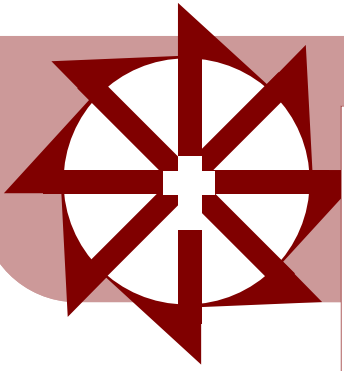
Pre Race Carb-Up Dinner

November 25 at First United Methodist Church, 56 Whitlock Avenue, Marietta – \$8.00 per person (children 11 & under free). Dinner served 5:00 - 7:00pm, Race Packet pick-up available 3:00 - 7:00pm.

Help us serve you

Please let the church know when you or a loved one has a medical procedure, an illness, a life transition, or other special need. We are here to serve you. Please allow us the opportunity to share your experience and offer our support. Simply contact the church office at 770-971-2839. Thank you.





We're on the Web! www.stcatherines.org

ST. CATHERINE'S EPISCOPAL CHURCH
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Marietta, GA 30068
Phone: 770.971.2839
Email: stcats@bellsouth.net

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Mark Your Calendars

- 10/21,28, 11/4 ... WNL
- 10/24 Low Country Boil
- 10/28Elizabeth Inn - meal
- 11/1All Saints Day;
Memorial Service
- 11/3 Ministry Teams Quarterly meeting; Holiday Grief Group begins
- 11/6-7 .. Diocesan Council
- 11/8 Stewardship Ingathering; Vestry nominations due

Cottage meetings through Oct., check website for all dates

The Wheel

Next Publications:
Nov. 6, Nov. 20, Dec. 4
Deadline for articles:
Wednesday before

Editor: Karen Manno
Email:

KAREN@STCATHERINES.ORG
Phone: 770-973-8668

Daylight Savings Time ends!

**November 1
(All Saints Sunday)**



FALL BACK 1 hour and sleep in an extra hour on the morning of the first Sunday in November, and we will see you at church on Eastern Standard time.

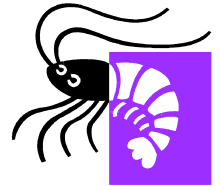
Ministry Teams Quarterly Meeting

Tuesday, November 3, 7 PM

All leaders and members of St. Catherine's ministry teams and committees, please mark your calendar and be sure to be at this very important meeting as we begin the 2009 budgeting process. Anyone who is interested in the ministry work at our church is welcome to join us.

Low Country Boil

**Saturday, Oct. 24
7:30 PM**



Guaranteed fun evening in the Parish Hall for all adults, with food, drinks and dancing with a DJ featuring beach music! Tickets are on sale after services each Sunday, \$12.50 per person includes all you can eat, wine and beer provided. Any helping hands are always appreciated for set up/ break down after the event. Please contact Larry Boyd at (770) 977-9362. See you there!

Cottage Meetings continue

Our host families have set aside 24 opportunities throughout the month of October for us to come together as a congregation to enjoy fellowship and discuss the Stewardship of Resources. Check the list of dates and locations on our website or visit the table in the foyer on Sundays.